

1-87-STENBERG www.stenbergcollege.com

Become a Psychiatric Nurse in 23 months

There is an **urgent need** for more Registered Psychiatric Nurses (RPN); with the workforce aging – the average age of a Registered Psychiatric Nurse in BC is 47 years – the number of retirees from the profession is exceeding the number of graduates. Entry-level earnings start at \$29/hour.

The only program of its kind in BC, students can learn within their local communities via distance education, local and/or regional clinical placements, and some regional classroom delivery. This 23 month program is recognized by the CRPNBC. **Government funding may be available.**



TUESDAY NOV. 2 2010VOL.6 N°145



Calgary 5dmonton ntréal rcouver va nto FLIGHT CENTRE

Las Vegas Air + 3 Nights

+ taxes & fees \$108

INCLUDES accom on the Strip. UPGRADE
to 4-star accom from \$24 per night.

Conditions apply, see main ad for details.

I 888 840 6640

OMG, BIEBER'S
PHOTO SCANDAL P10

Catch up on the Canucks P20

On guard for women the focus of vancouver police's project guardian p3

TWO YEARS TOO LATE

VANCOUVER > The B.C. Liberals are under fire after Health Minister Kevin Falcon and Children and Family Development Minister Mary Polak announced a new mental health and substance abuse strategy two years after the old one expired. P5

LIFESTYLE DIOV 2

Play a smart game P16

Sarah Rowland talks about the pitfalls of delivering an ultimatum to your significant other in the heat of the moment. It's not a smart idea to say "My way or the highway".

TRAVEL

Visit New York a second time P19

Visiting New York City for a second time but already seen all the sights? Hey, it's the Big Apple and there is no shortage of things to see and do on a second trip to the east coast.





OFFICIAL LASIK SURGEON

CLEARLY LASIK JOSEPH KING, MD

,



877.551.2020 • CLEARLYLASIK.COM



FLIGHT CENTRE Unbeatable



Cancun

taxes a rees q	,_,,
Jamaica	from \$ 199 + taxes & fees \$270
Puerto Vallarta	from \$ 199 + taxes & fees \$273
Cabo San Lucas	from \$239 + taxes & fees \$273
Honolulu	from \$338 + taxes & fees \$110
Punta Cana	from \$399 + taxes & fees \$322
Varadero	from \$399 + taxes & fees \$206

Airfares



+ taxes &	fees \$57
Toronto	one-way from \$ 1 75 + taxes & fees \$72
Ottawa	one-way from \$ 195 + taxes & fees \$74
Las Vegas	from \$ 98 + taxes & fees \$108
Los Angeles	from \$ 98 + taxes & fees \$107
London	from \$249 + taxes & fees \$506
Miami	from \$369 + taxes & fees \$120
New York	from \$439 + taxes & fees \$131
Hong Kong	from \$659 + taxes & fees \$167
Rio de Janeiro	from \$799 + taxes & fees \$203
Tokyo	from \$809 + taxes & fees \$284
Sydney	from \$829 + taxes & fees \$365
Johannesburg	from \$1049 + taxes & fees \$509



Puerto Plata 8 Nights 4-Star

Los Cabos 7 Nights 4-Star

Mayan Riviera 7 Nights 4-Star from \$597 + taxes & fees \$274

Punta Cana 7 Nights 4-Star

from \$635 + taxes & fees \$290 Mazatlan 7 Nights 5-Star

Puerto Vallarta

from \$637 + taxes & fees \$274 7 Nights 4-Star

Jamaica 7 Nights 4-Star

from **\$822** + taxes & fees \$293

Long Stay Vacation

Portugal 27 Nights

INCLUDES long stay accom in the Algarve.

Vacations

Egypt Red Sea 9 Nights

INCLUDES 4-star accom in Sharm El Sheik, with first and last night accom in Cairo.

Prague Air + 7 Nights from \$1049 taxes & fees \$377 INCLUDES central accom close to Old Town Square.

from \$ 1499 + taxes & fees \$655 **Dubai** Air + 7 Nights **INCLUDES** accom in Dubai's city centre.

from **\$1499** Phuket Air + 7 Nights + taxes & fees \$236

INCLUDES 4-star resort accom.

Cook Islands Air + 12 Nights from \$1569 + taxes & fees \$335

INCLUDES resort style accom on the beach.





Las Vegas

Air + Cruise + 2 Nights

+ taxes & fees \$106

INCLUDES all air, 7-night cruise roundtrip from L.A. visiting Puerto Vallarta, Mazatlan and Cabo San Lucas, plus 2 nights Las Vegas accom on the Strip.

Cruises

Eastern Caribbean

7-Night Cruise

+ taxes & fees USD \$71

CRUISE roundtrip Orlando (Port Canaveral) and visit Nassau, St Thomas & St Maarten.

Mexican Riviera

7-Night Cruise

from \$489 + taxes & fees \$62

CRUISE roundtrip Los Angeles and visit Los Cabos, Puerto Vallarta & Mazatlan

Southern Caribbean

10-Night Cruise

from **\$499** + taxes & fees \$73

CRUISE roundtrip San Juan and visit Tortola, St Maarten, St Lucia, Barbados, St Vincent, Aruba & Curacao.

Escorted Tours

Laos 12-Day Tour

HIGHLIGHTS Hanoi, Lac Sao, Vientiane, Vang Vieng, Luang Prabang, Mekong River/Pakbeng, Chiang Kong, Chiang Mai and Bangkok.

India 14-Day Tour

taxes & fees included

HIGHLIGHTS Kochi, Kerala Backwaters Homestay, Periyar Tiger Reserve, Madurai, Thanjavur, Tiruchirapalli, Mamallapuram Mysore, Mudumalai Wildlife Sanctuary and Nilgiri Hills.

Asia 15-Day Tour

HIGHLIGHTS Bangkok, Chiang Mai, Chiang Khong, Mekong River, Luang Prabang, Vang Vieng/Vientiane, Lak Sao & Hanoi.

Peru 10-Day Tour

HIGHLIGHTS Amazon Rainforest, Cuzco, Inca Trail and Machu Picchu.

Canada



Tofino 2 Nights taxes & fees included

INCLUDES accom close to surfing beach.

Victoria 2 Nights 4-Star

from \$ | 49

INCLUDES accom close to Victoria's Inner Harbour.

Sun Peaks Ski Special

6 Nights + Ski Passes

from \$499 + taxes & fees \$65

INCLUDES 4-star accom in the heart of Sun Peaks Village with 4-day lift tickets.

Toronto Air + 4 Nights

from \$568 + taxes & fees \$155

INCLUDES central accom close to shopping and attractions.

Big White Ski Special

6 Nights + Ski Passes

from \$589 + taxes & fees \$76

INCLUDES accom with full kitchen, in-suite laundry

& 4-day lift tickets at Big White and Silver Star.

USA

Las Vegas Air + 3 Nights

+ taxes & fees \$108

INCLUDES accom on the Strip. UPGRADE to 4-star accom from \$24 per night.

Anaheim Family Special

Air + 4 Nights

from \$299⁰

INCLUDES accom close to theme parks with breakfast. Price per person based on family of 4. **BOOK** this package based on double occupancy for \$369 plus taxes.

Scottsdale Golf Special

Air + 3 Nights + Car

+ taxes & fees \$114

INCLUDES 4-star accom, 3-day car rental with unlimited mileage, 3 rounds of golf per person & breakfast. Price per person based on quad occupancy.

Maui Family Special Air + 7 Nights

+ taxes & fees \$109

INCLUDES resort accom on Ka'anapali beach. Price per person based on family of 4.













Nine years later

It's now been nine years since the minimum wage was frozen in B.C. In that time the province has moved to the bottom when it comes to minimum wage at \$8 per hour. That's not acceptable, according to NDP leader Carole James. "Our province has the shameful honour of having the lowest minimum wage in the country," she said. She backs the B.C. Federation of Labour's call to have the wage bumped to \$10 an hour.



Inquiry resumes

The Davies Commission of Inquiry into the death of Frank Paul resumes Wednesday as the Crown prosecutors who decided not to charge Vancouver police officers in the Aboriginal man's death are put on the stand to explain their choice. The unprecedented questioning begins with Gregory Fitch, the director of legal services at the Criminal Justice Branch, this week. Assistant Deputy Attorney General Robert Gillen and three Crown lawyers are scheduled to testify next week. - QMI AGENCY

Halloween blazes hit city

MATT KIELTYKA QMI Agency

Halloween proved to be a costly one in Vancouver and had fire crews scrambling across the city.

Fire fighters responded to a potentially violent building blaze early Monday morning after a fireworks store near Commercial Drive and Venables burst into flame around

Crews worked quickly to make sure the explosives inside didn't go off, though witnesses could hear some popping and crackling.

"As you can imagine, it had the potential to be volatile in there with ten of thousands of dollars worth of fireworks inside," said VPD spokesperson Const. Lindsey Houghton.

No one was injured during the fire.

The fire department and police are working together on the investigation, as the fire remains suspicious.

The incident marked the end of a busy Halloween night for fire fighters.

More than \$200,000 in damages (not counting the fireworks shop) had been tallied when all was said and done.

The most severe damage was done to John Henderson elementary school.

Houghton said someone had shot fireworks through the school's window and set off the sprinkler system inside.



MARITAL SCHEME

CBSA The Canadian Border Services Agency have arrested a former Surrey resident, Jotika Ashni Reddy, for allegedly marrying two men in Surrey in 2006 and Delta in 2008 despite already being married to a man. The CBSA alleges Reddy, now living in Edmonton, married the men to help them gain permanent resident status in Canada. She faces two charges under the Immigration and Refugee Protection Act and two charges of bigamy under the Criminal Code.

YOUTH STABBING

O CHARGES A 13-year-old

Vancouver boy is facing charges of assault with a weapon and assault causing bodily harm after allegedly stabbing a 12-year-old during a Halloween fracas. Vancouver police say the two boys started arguing while setting off fireworks at Moberly Park Sunday evening and escalated to physical contact. When the 12-year-old got home, he noticed he was bleeding and had a slash across his stomach.

GUARDIAN PROJECT

New project aims to protect women in DTES

Vancouver police made a big push Monday to dispel fears the department doesn't care about women in the Downtown Eastside.

The department – in cooperation with a number of community and women's groups - announced the Guardian Project to protect women in the impoverished neighbourhood.

"Women in the DTES are especially vulnerable to violence, injury and death," Chu

Women in the DTES are especially vulnerable to violence, injury and death. Crime statistics in this area have never truly reflected the danger and jeopardy that women face. »

said. "Crime statistics in this area have never truly reflected figures, women have tradiselves and others."

The reality of that statement vestigated as suspicious.

came to a head Oct. 4, when the community rose up in protest over the death and inof vestigation Ashley Machiskinic.

Vancouver police initially believed her death - caused by a fall from a window – was a suicide but it is now being in-

Many groups rallied outside the VPD's DTES office Oct. 4 and several protesters locked themselves inside the department, demanding to speak with Chu about the case.

A town hall followed and police have come back with the Guardian Project.

The multi-pronged approach offers a \$10,000 reward for information into Machiskinic's death, sets up a tip line for women who are victims of crime or reported violence against women and

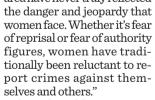
regular town hall meetings with interest groups and the public in the DTES.

"It's all about new ways of thinking and how to work with the community and that's never happened with the Vancouver police department to this degree in the past," said Marlene George, who organizes the annual DTES missing women's march. "[The project] gives people the safety that they need to come forward."

A Guardian Project website has the VPD committing to has been set up at www.vpd.ca.

SUSPECT SOUGHT

STABBED Vancouver cops are searching for a suspect after a 32-year-old was found slumped outside a Petro Canada gas station at Kingsway and Nanaimo early Monday bleeding profusely. The man was stabbed in the neck and was rushed to hospital. He's expected to make a full recovery. Police don't have any suspects, but say the incident isn't random.



Become a

Psychiatric Nurse in 23 months

There is an urgent need for more Registered Psychiatric Nurses (RPN); with the workforce aging - the average age of a Registered Psychiatric Nurse in BC is 47 years - the number of retirees from the profession is exceeding the number of graduates. Entry-level earnings start at \$29/hour.

The only program of its kind in BC, students can learn within their local communities via distance education, local and/or regional clinical placements, and some regional classroom delivery. This 23 month program is recognized by the CRPNBC. Government funding may be available.



www.stenbergcollege.com

NEWS, VIEWS &ATTITUDES

Shades of Iron Lady

It's a funny old world that here I have won a majority but feel I have to go.

- British Conservative Prime Minister Margaret Thatcher, 1990

Will Premier Gordon Campbell suffer the same fate as Thatcher - a dominant political leader forced out of office by her party despite winning a third majority government?

With Global TV reporting Sunday that an emergency caucus meeting has been called this week by B.C. Liberal MLA and whip John van Dongen, leadership revolt talk grows stronger daily.

The reasons are plentiful: Campbell's disastrous television address last week defending the Harmonized Sales Tax actually worsened his position, according to an Ipsos Reid poll.

It found only 11% of viewers had a better opinion of the premier after seeing it while 43% said their opinion had worsened.

Perhaps British Columbians were unimpressed with Campbell's surprise announcement of a 15% income tax cut because B.C. still has a deficit and the premier defends the HST because the province needed a one-time \$1.6 billion grant from Ottawa.

So where does he suddenly come up with the \$600million-a-year for an income tax cut?

Then there's the surprise guilty plea bargain deal with former B.C. Liberal aides David Basi and Bob Virk in the B.C. Rail corruption trial that saw the government pay their \$6 million legal fees without trying to seize their property or future wages.

And a cabinet shuffle that angered one minister enough to publicly complain about Campbell's failure to consult his team.

It's reminiscent of Thatcher - the British "Iron Lady" - who won a decisive 1987 election victory but by 1990 trailed the opposition Labour Party by 14%, while her approval rating of 40% was second lowest of any post-war prime minister.

After initially fighting party challengers, Thatcher announced she would resign.

While less B.C.'s "Iron Man" than "Most Despised Man", Campbell won his third term in 2009 but today trails the New Democrats by between 9% and 25% while his personal approval rating has dropped to just 9% compared to 50% in March 2009.

And there's still a membership review vote on Campbell's leadership to announce at the party's Penticton convention November 19-20.

Should Campbell's numbers be embarrassing low, he could announce his departure as leader at the convention to avoid the results being made public.

Thatcher's resignation paved the way for John Major to become prime minister and then win another majority election victory over Kinnock in 1992.

Will Gordon Campbell read the political history lesson and try to save his party or will the stubborn premier force rebels to push him from office?

The next few weeks may tell the tale.

More democracy down south

It's the first Tuesday of November again, so Washingtonians are voting on politicians and policy.

The state legislature is asking citizens whether people charged with murder or a propensity for extreme violence should be denied bail. Citizen initiatives include proposals to privatize liquor stores and end taxation of candy, bottled water and pop.

British Columbia voters, who get to vote next September on the Harmonized Sales Tax's fate, can only envy the direct democracy.

"The best way to illustrate that voters are on your side isn't a poll or letters to the editor," veteran Washington petitioner Tim Evman told 24 hours. "There's a public vote at an election where both sides make their case to the voters and the voters make the final decision. There's nothing that has a greater impact than that."

Over six months, Eyman attracted the required 320.000 signatures - eight per cent of votes cast in the last race for governor - to force a vote on whether tax increases should require a two-thirds majority in the state legislature. It took Eyman less than a month to meet the 1,800-signature quota to add a vote on ban-



ning photo radar and intersection cameras to the ballot in his hometown Mukilteo.

B.C.'s initiative law allows only 90 days to sign-up 10 percent of voters in all electoral districts. Ex-premier Bill Vander Zalm's historic Fight HST petition got

557,383 signatures and will be on the special Sept. 24, 2011 ballot. Voters won't have another similar opportunity until 2014.

Fight HST lead organizer Chris Delaney said a stronger initiative law would have forced the governing Liberals - out of fear - to consult the public before announcing the HST.

"We need a B.C. constitution that says certain things must go to the people, like a major tax structural change," said Delaney, spokesman for the B.C. First party.

No suspects in **Gastown shooting**

MATT KIELTYKA QMI Agency

Police no longer have any suspects in the brazen Gastown shooting that left four people injured Sunday.

Three people were shot and another was injured in the chest when a pair of gunmen opened fire on a group of innocent bystanders near the corner of Water and Richards Streets.

Two men were arrested within 20 minutes of the incident but Vancouver police spokesperson Const. Lindsey Houghton told media Monday they had been released after numerous witness interviews seemingly ruled them out as possible suspects.

"The initial information that

led to the arrest changed throughout the Houghton said. "The two men were released. [They're] no longer considered suspects."

Now investigators are back at square one and sifting through interviews and video surveillance to try to pin down a suspect in the incident.

"At this point, we have a lot more questions than answers," said Houghton.

Three of the victims have been released from hospital.

The fourth, a young woman. had surgery for a gunshot wound to her wrist and is recovering.

Houghton said she would require cosmetic surgery to repair the damage done to her hand and wrist.

VAN24FEEDBACK@SUNMEDIA.CA

day and there is this lady who, in the middle of a iam-packed train, eats her breakfast. It's fine... it's a free country and she is entitled to whatever she wishes to do BUT she is not eating a sandwich or anything dry. It's soup! I'm so scared to stand next to her in case the train makes a sudden stop. God bless us all if this happens. Dear lady, please, for your safety and the safety of other commuters, leave your tin bowl at home or wait until you reach your destination. I'm sure you'll enjoy your soup better while sitting.

I RIDE THE TRAIN every-

THE RAPID CHANGES in

computer technology are truly amazing and so seductive for curious minds. In spite of all the commercial hype, most young people develop good personal values while balancing their need to feel accepted by (some of) their peers. Given all the distracting influences, it is encouraging to see so many young mer and women chart challenging courses toward their personal dreams and lifelong goals. In a world where 'bad-news-sells', the decent young people in our communities seldom get the recognition they deserve.

- Lloyd Atkins

- Vinnie Velasco

Read more Tieleman at thetvee.ca. Email: weststar@telus.net Website:billtieleman.blogspot.com

24 H > NEWSVANCOUVER

Liberals slammed over health strategy

DHARM MAKWANA QMI Agency

The B.C. government's 10-year plan to improve mental health outcomes and decrease substance abuse arrived two years too late, said the provincial health critic.

In Surrey, Health Minister Kevin Falcon and Children

and Family Development Minister Mary Polak Monday unveiled the roadmap that promises a 15 per cent decrease in the number of children who are socially and emotionally vulnerable by 2015, a 10 per cent drop in the number of students who smoke pot or drink before age

15 by 2014, and a 20 per cent increase in primary care physician administering interventions by 2015, among other initiatives.

All laudable initiatives, according to NDP-MLA Adrian Dix, who added policy that looks good on paper hasn't translated well in practice under the Liberal government.

"The previous mental health plan expired two years ago," he said. "It is a chasm between rhetoric and action with this government."

Dix pointed to funding cuts of West Coast Alternatives, an award-winning community health program, and a lack of

provincial response to the Vancouver Police Department's Lost in Transition on the challenges of balancing mental health and law enforcement as example's of government's track record.

"One goal that they failed on is producing this report on time," he began. "Another goal

they failed on is cutting the very services this plan recommends.

"The fact this government, which has lost credibility, is making claims on what its going to achieve in 2015 is OK, but I think their actions undermine their commitment."

Dog calendar for charity

Look out fire fighters, the Vancouver police department is rolling out a calendar of its own.

The sex appeal may not be there, but there will be no shortage of cute on display as the department's dog squad is put into the limelight in support of the B.C. Cancer Foundation and the B.C. Children's Hospital Foundation.

Since the calendar is put together on a volunteer basis and outlets are doing the same, 100 per cent of the \$15 calendar proceeds go directly to the charities.

The calendars are now available for purchase at all Tisol locations, the VPD headquarters at 2120 Cambie St., Vancouver Police Museum, the Animal Care Clinic at 2303 Alberta St... the B.C. Cancer Foundation at 600 W. 10th Avenue and the B.C. Children's Hospital Foundation at 938 W. 28th Avenue.

They're also available online through the VPD and B.C. Cancer Foundation.



VANOC

Olympic committee nearing its end

BOB MACKIN QMI Agency

Vancouver's rapidly disap-Winter pearing 2010 Olympics organization has come full-circle.

VANOC employed 1,500 full-timers at its peak but only two are left to wind down operations within the 375 Water St. offices of the Twentyten Group, ex-vicepresident Andrea Shaw's marketing firm. The Vancouver 2010 Bid Corporation was located in the same Gastown heritage building when the International Olympic Committee chose Vancouver in 2003.

Vice-president of communications Renee Smith-Valade refused to disclose where VANOC was moving before its five-month, rentfree extension expired Sunday at the city-owned 3585 Graveley St. tower.

Documents obtained by QMI show Vancouver city hall paid VANOC \$29,120 on March 11 and \$2.392.320 on May 4 for used furniture and Internet technology equipment originally worth \$9.1 million.

The \$310,000 IT portion was included in an omnibus June 22 council report on capital expenditures. The rest of the transaction was kept secret until QMI obtained a Jan. 8 in camera staff report and Jan. 31 contract last month via Freedom of Information.

"We didn't handle the details of that," Mayor Gregor Robertson said Monday. "We delegate issues like that to staff for decision. It looks like a good one in terms of the savings."

City hall is spending \$10.3 million to convert VANOC's former premises into the new Vancouver Police headquarters, but tenants Morrison Hershfield engineering and Garda Security will remain.

AIDS far from over: Advocate

DHARM MAKWANA

The AIDS epidemic is far from over, said the executive director of AIDS Vancouver.

Brian Chittock made his point Monday when joining Mayor Gregor Robertson to launch the We Care Red Ribbon Campaign, a public awareness effort to promote safe-sex practices and shed light on "a stigma of silence."

"People think the epidemic is finished, it's over, if I get HIV I can still live a healthy life," Chittock said. "Well, that's not exactly true.

"Not everyone can qualify to get on the right medications. People are still dying from it."

He added HIV/AIDS transmission rates have decreased within the intravenous drug user population because of clean needle programs but other groups remain at risk.

"Right now we're still seeing younger men who have sex with men with an increased infection rate in Vancouver and that's proven through B.C. Centre for Disease Control reports," he said.

The Red Ribbon Campaign features four weeks of programming including film nights and panel discussions.

Operation



share the power of a simple gift.



INGLEDEW'S

Pick Up or Drop Off Shoe Boxes at all Locations.

flash

OVERHEARD

An iPhone alarm glitch caused many European users to be late for work Monday as their device did not compensate for an hour of Daylight Savings Time.

Movember is back and so is the campaign to grow a 'mo' or moustache to raise awareness of prostate cancer.



Randy Moss was waived of his duties with the Minnesota Vikings Monday after just four games since arriving from the Patriots.

GOOD NEWS

LIGHTER SPARKS AMAZING TALE

A young man who was stranded in a frigid forest with no food says he would be dead today if not for a lighter that he would normally have left at home. Hunting and fishing shop owner Real Thivierge Jr. says a motocross trip took a turn for the worst last week when he was travelling about 500 km northeast of Montreal and lost control of his bike and fell to one side. "I heard the sound of my knee giving way," said Thivierge. He made a makeshift splint then walked for several hours, but in the wrong direction. As night fell, he found his lighter made a fire and stayed warm until hunters found him the next day. — QMI AGENCY

ECO

Research targeting earthly organization

Call it a DNA digital Dewey Decimal System for all life on Earth. Every species, from extinct to thriving, is set to get its own DNA barcode in an attempt to better track the ones that are endangered, as well as those being shipped across international borders as food or consumer products. Researchers from the International Barcode of Life Project hope handheld devices will be able to one day read these digital strips to identify different species. — **REUTERS**

BY THE **NUMBERS**



The number of stems from the flowers of crocus sativus needed to make up a kilo of saffron, which retails at about US\$14,000. Above, stigmas are extracted during the saffron harvest in the central Spanish village of Consuegra. — REUTERS



EXPLOSIVE UNDERWEAR A model displays a bra made of firecrackers at a fashion institute as part of Diwali celebrations at Noida in the northern India Monday, Diwali, the festival of lights, will be celebrated across the country Nov. 5. We're hoping this model isn't a smoker. — **REUTERS**

ACTOR PLAYING GUNMAN KILLED IN CASE OF MISTAKEN IDENTITY

A night watchmen in the Philippines claims he was just doing his job when he shot and killed an actor on a movie set Saturday night. Police said Eddie Cuizon, 52, a watchman in Cebu, fatally shot Filipino actor Kirk Abella, 32, who was sporting a mask and a fake gun for a film shoot. Abella was working on the set of Going Somewhere, a film by British director Alan Lyddiard. He was riding away on a motorcycle for the closing scene when he was shot. The Filipino newspaper Diario reports Cuizon, 52, told police he was responding to calls from concerned citizens about armed men on motorcycles. He said he spotted two men on motorcycles and took off after them. The newspaper says Cuizon told police he shot Abella after he brandished his gun, which turned out to be plastic. Diario reports that armed men on motorcycles have been linked to several recent murders in the country. Cuizon faces charges of homicide and violation of a gun ban. — QMI AGENCY

TWITTER TRENDS

#conanshowzero:

The Canadian Twittersphere was abuzz over Conan O'Brien Monday. Conan-less TV is nearing an end with his upcoming show, but Team Coco lovers got a preview of Conan O'Brien's Show Zero streamed online last night.



#ifeellike #nanowrimo #randymoss



YOUR **MONEY**

DOLLAR

0.98\$ + 0.003 S

NASDAQ

2,504.84

S&P/TSX

12,664.81

DOW

STREET TALK

URBANDICTIONARY.COM **Moustache denial**

A person's lack of acknowledgment they have excess facial hair above the lip.

Every month is Movember for Johnny. He rocks a 'stache at 5 p.m. each day in total moustache denial.



WWWVANCOLIVED 24HDS CA TWITTER: twitter.com/24hoursvan Send your comments to: van24news@sunmedia.ca

Advertising: 604-322-2341 Fax: 604-382-3036

Editorial: 604-322-2356 Fax: 604-322-3036

Distribution: 604-322-2353 Promotion: 604-322-2371

General Manager: Philip Tan • philip.tan@sunmedia.ca Director of Sales: Elena Dunn • elena.dunn@sunmedia.ca Distribution: Mike MacKichan • mike.mackichan@sunmedia.ca Promotions: Elise Toplass • elise.toplass@sunmedia.ca CORPORATE Vice President 24 hours Canada: Christianne Benjamin



554 East 15th Avenue Vancouver, Tel: 604-322-2340

Vancouver 24 hours is published Monday to Friday and distributed free throughout the Lower Mainland

Opinions and views of columnists appearing in 24 hours do not necessarily reflect the opinions of the newspaper



Police tear gas breaks up post-election violence

REUTERS — Tanzanian police used tear gas to disperse opposition supporters in the commercial capital on Monday as tension rose due to delays in releasing the results of Sunday's presidential and parliamentary elections.

The protesters in Dar es

Salaam were angry at the outhave received reports that pocome of a council election run alongside Sunday's national votes that are expected to give President Jakaya Kikwete another five years at the helm of east Africa's second largest economy.

"The situation is tense ... I

lice have used tear gas in Mwanza, Arusha and Dar es Salaam, People are restless because they want the results to be made public," said Mwesiga Baregu, Chadema campaign manager.

"The situation is bad. We

have reached a point where we cumbent Mwai Kibkai had might see bloodshed, just like what happened in Kenya when the election results were

Violence erupted after Kenya's 2007 election following delays in releasing results and accusations that the instolen the vote.

Police said they used water cannons and tear gas to disperse the crowds outside a polling station in Dar es Salaam

"Riot police were called in after crowds burnt tyres on the

road and damaged at least one vehicle at Tandika area in Dar es Salaam," Temeke Regional Police Commander David Miseme told reporters on Monday.

"At least 15 people were arrested. No injuries have been reported so far."

ON THE FRONT LINES

West Vancouver

604.922.6661

www.unihealth.ca

info@unihealth.ca

SSqt. Ysidro Gonzalez, from the 1st Battalion 8th Marines Alpha Company shouts orders while under fire from Taliban insurgents during a gun battle in the town of Nabuk in southern Afghanistan's Helmand province, on Monday. Meanwhile, a large number of insurgents attacked and seized Khogyani district of Ghazni province. Afghan police later retook the district. - REUTERS

world tour

REYKJAVIK

said. — **REUTERS**

FRESH VOLCANO FEARS

could signal the volcano underneath is

Monday. Water now pouring from Ice-

sits on top of a number of volcanic

land's biggest glacier, Vatnajokull, which

hotspots, could be a sign of fresh geolog-

ical activity, Civil Protection Department

spokeswoman Gudrun Johannesdottir

about to erupt, a spokeswoman at the Ice-

landic Civil Protection Department said on

Meltwater is flooding from the

Grimsvotn glacial lake in Iceland and

BORBER BATTLE LIKELY

- REUTERS

IRON LADY OUT OF HOSPITAL

LONDON

Former British Prime Minister Margaret Thatcher left hospital on Monday nearly two weeks after being admitted for tests related to a flu illness. Thatcher, a Conservative who served as prime minister from 1979 to 1990, was admitted to a London hospital on Oct. 19 after failing to shake off a bout of flu. Standing on the doorstep of her London home, she appeared frail but she nevertheless waved at waiting photographers. Britain's only female prime minister, she led her country in a war against Argentina over the Falkland Islands in 1982 and was close to the late U.S. President Ronald Reagan. — REUTERS

ISTANBUL **OUTLAW PARTY DENIES BOMBING**

The outlawed Kurdistan Workers Party (PKK) on Monday denied responsibility for a suicide bomb attack in Istanbul that wounded 32 people and said they were extending a ceasefire until Turkey's general elections in 2011. There is no way we would be involved in such an attack on a day our organisation was getting ready for a step towards peace," the PKK said in a statement. — **REUTERS**

AN ACCIDENT: MINISTER

An exchange of gunfire across the heavily armed border between the two Koreas last week was likely an accident and not a deliberate provocation by the prickly North, a top lawmaker and former army general said on Monday. Hwang Jin-ha, who sits on parliament's intelligence and North Korea committees, said Friday's skirmish was probably unintentional.



First time visitors only. Offers expires November 15, 2010.

\$20 promo not applicable for Registered Massage Therapy Taxes not included. Restrictions apply, call for details.



vancouver.24hrs.ca



1,000 Bonus reward miles. That's the ticket.



In fact, that's enough for a return flight'. Just apply for a BMO" Gold AIR MILES" MasterCard" by November 30th and get 1,000 Bonus AIR MILES" reward miles with your first card purchase.

Apply online at bmo.com/getmycard and enter offer code AM190





'Round-trip flights start at only 950 reward miles. Rewards featured are subject to the Terms and Conditions of the ARR MILES Reward Program and are subject to change and may be withdrawn without notice. Some restrictions apply, Quantities may be limited. Collectors must pay taxes, fuel surcharges and other applicable charges and fees for flight Rewards. Visit airmites.ca or cell the ARR MILES Customer Care Centre at 1-888-ARR MILES (in Toronto (416) 226-5171). "Award of ARR MILES reward miles is made for purchases charged to your account (less refunds) and is subject to the Terms and Conditions of your BMO MasterCard Cardholder Agreement. If you cancel your care within 30 days of opening your account and your annual fee is rebated, the Bonus reward miles will be cancelled.



Bieber airbrushed?

The editors of a magazine behind a controversial new Justin Bieber photoshoot have denied they airbrushed images to make it look as if the singer was wearing eyeliner. The cover of Brazilian teen magazine Toda Teen emerged online last week and sparked fury among the singer's young fans, who feared the Baby hitmaker had fallen victim to over-zealous digital re-touching. But bosses at the publication have now spoken out to deny they drastically altered Bieber's features. In other news, the teen's female fans are set for a shock — he's secretly dating fellow teen sensation Demi Lovato, according to a U.S. report. Life & Style reported the singer, 16, is dating 18-year-old Camp Rock actress Lovato after they were spotted kissing. — WENN.COM





Lindsay Lohan is refusing to let her personal problems get her down she's poked fun at herself in an online skit for Will Ferrell's Funny Or Die website. The 24-year-old Mean Girls star has been in and out of jail and rehab this year and is currently serving a three-month stint at California's Betty Ford Clinic after failing two court-ordered drug tests. Lohan's recent probation report stated the actress fears she will be unable to pay the

US\$53,000 fees for her rehabilitation because she "can not afford" it. - REUTERS



Allen miscarries again

British pop star Lily Allen has suffered a miscarriage. The Smile singer, who was around six months pregnant by her boyfriend Sam Cooper, was admitted to hospital on Thursday morning after complaining of stomach pains. The 25-year-old spent the weekend being treated by doctors, but efforts to save her baby tragically failed, according to British newspaper The Sun. A statement from the star's representative confirms the news: "It is with great sadness that we have to confirm that Lily Allen and Sam Cooper have lost their baby. "The couple ask that their privacy be respected and that they be left alone at this deeply distressing time." Allen previously suffered a miscarriage in 2008 just months after she announced she was expecting a



Attention Advertisers want to increase your sales? Join our most exciting promo!

Offer your customers several chances to win \$500 daily and \$50,000 weekly!



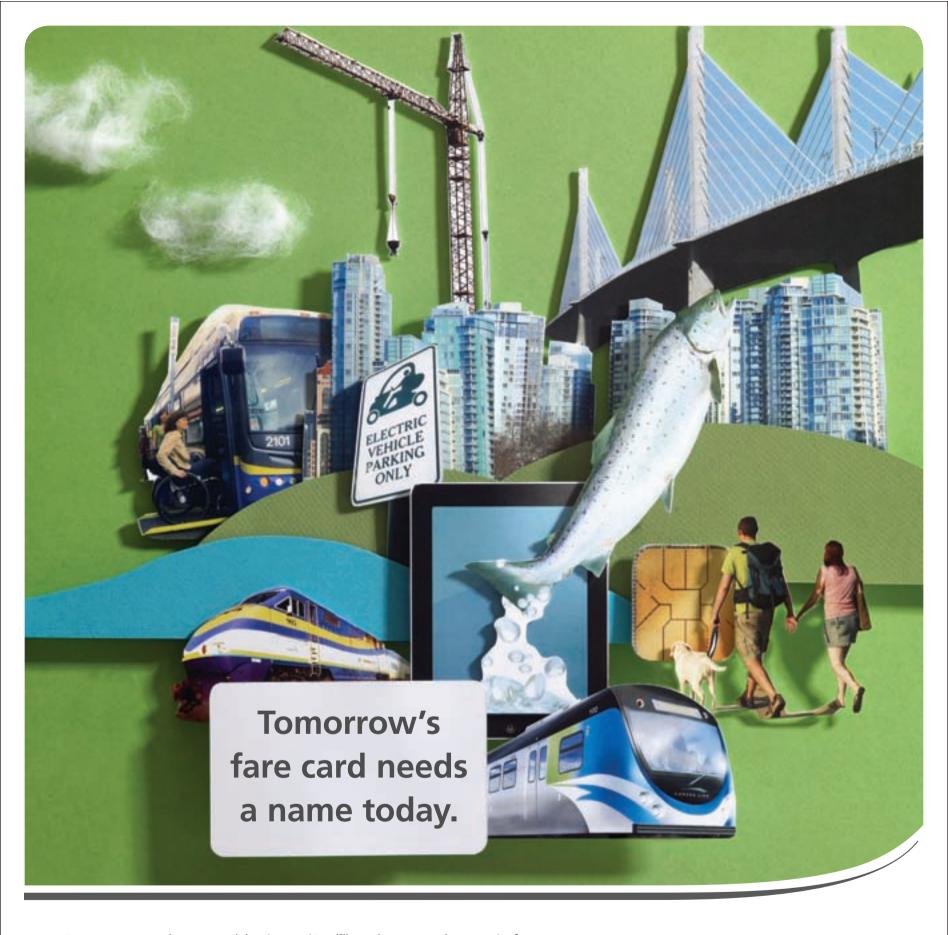
- Purchase one spot in the Shop Dine & Win page for 5 weeks - only \$100/spot/week
- Get hundreds of free Shop Dine & Win cards that you can give away for free to your customers

 Customers can win \$500 daily & \$50,000 weekly
- Promo is designed to send readers to your door and spend money while they're there

Book now. Limited spots available Promo starts on Nov 24, 2010

SHELFSPACE

Call Advertising at 604-322-2341



Enter now and you could win an iPad[™] and a new electronic fare card loaded with a year's worth of free transit.

Text "CONTEST" your name and your idea to 77777 or submit online at translink.ca/contest.



24+ > ENTERTAINMENT



Kate Nash at the Commodore Ballroom

British music sensation Kate Nash is coming to the Commodore Ballroom Wednesday night to perform tracks off her recently released second album, *My Best Friend Is You*. The redheaded singer-songwriter has charmed audiences in her home country with hit singles *Foundations* and *Do-Wah-Doo*. Tickets available at livenation.com – **24 HOURS**



Big Love's fifth season, which debuts on Jan. 16, will be the last for the Emmy-nominated polygamy drama. The Big Love cancellation comes on the heels of TLC wrapping up the successful first season of its headline-making real-life polygamy show, Sister Wives, which has been renewed for another season. – **REUTERS**

ACTRESS PORTRAYS CIA OPERATIVE VALERIE PLAME IN FAIR GAME, OPPOSITE SEAN PENN

Watts forced to 'toughen up'





MARIE-JOELLE PARENT QMi Agency

Seven years after famously being revealed as an undercover CIA operative, Valerie Plame's story is hitting the big screen.

Naomi Watts plays the blue-eyed, blond spy in director Doug Liman's new political thriller, *Fair Game*.

The 42-year-old actress was Liman's top pick to play the secret agent, he told reporters at a New York news conference to promote the film, which opens in select Canadian cities on Friday.

But Watts, busy with her newborn baby, wasn't keen on taking on a new role. Then the script, by screenwriter friend Jezz Butterworth, landed on her doorstep.

"Of course, he was smart," said the actress. "You couldn't just read 10 pages of that script."

In fact, she read it in one sitting.

"Ten days later she was in my office, nursing her child," said Liman (*The Bourne Identity, Mr & Mrs Smith*), recounting how he asked whether he should leave the room.

"We're going to do a movie together so you better get used to it," Watts had replied. But Liman thought the star wasn't ready to play Plame's tough-cookie character.

"She was way too soft and maternal," he said. And so he sent the actress to a real CIA training centre in Virginia to toughen her up.

"I rammed cars without a seat belt or helmet," Watts recalled. "I set off explosives. As I walked in, they kicked me in the shins and threw me on the ground."

When she said 'Ouch' she was told she better not say it again unless she was hurt enough to need to go to hospital.

"There is one thing (I did) I'm not even allowed to talk about," she admitted about her time at the spy boot camp.

But the harsh treatment seemed to work. "She came back from it, it was night and day," Liman said.

"So don't mess with me," Watts chimed in.

Plame made headlines when she was exposed as a spy in a 2003 media leak. The Plame Affair eventually led to the trial and conviction of Lewis (Scooter) Libby, a former chief of staff to then U.S. vice president Dick Cheney.

The 47-year-old spy had been working for the CIA for 18 years and was in charge of a probe into possible weapons of mass destruction hidden in Iraq. Meanwhile, her husband, diplomat Joe Wilson (Sean Penn), was waging a war of words against the Bush administration. In a 2003 editorial in the *New York Times*, Wilson accused Washington of manipulating his intelligence reports debunking the theory Iraq was seeking nuclear materials in Africa. Wilson claimed the government was using the reports to justify the invasion.

Soon after, Plame's identity was leaked to the media, allegedly by senior administration officials. The ensuing scandal ended her career and destroyed her personal life.

Liman found Plame's story fascinating. "She (was one of) the most secret employees of the CIA," said the filmmaker. "Millions are spent crafting their covert identities. They take their secrets to the grave, they save lives and countries but never brag about it. It's almost a monk's existence."

Watts didn't have much time to research the character she was playing and said she was leery around Plame, who worked as a consultant for the film. But the two women are still in touch and Plame and Wilson walked the red carpet at the film's New York premiere.



JUDDS, O'NEALS GET REALITY SHOWS

O OPRAH NETWORK

Country music stars Naomi and Wynonna Judd, and father-daughter actors Ryan and Tatum O'Neal, are both getting their own reality TV shows on the upcoming Oprah Winfrey Network (OWN) cable channel next year. OWN announced the two shows on Monday as the cable TV venture jointly owned by the TV talk show host readies for its Jan. 1 launch with an array of original series and lifestyle shows — and lots more of Winfrey herself.— REUTERS

ISRAEL'S WAGNER BAN DIMS

O GERMANY An Israeli orchestra will stike an emotional chord in Germany next year when it plays a work by Richard Wagner, Hitler's favourite composer. further challenging a longstanding taboo in Israel on his music. Israeli ensembles hardly ever play Wagner, citing the feelings of Holocaust survivors. Opposition in the Jewish state to the works of the anti-Semitic 19th-century composer is fading, Israel Chamber Orchestra chairwoman Erela Talmi said. — REUTERS

KID CUDI PICKS ROCK OVER RAP

MTV Rapper Kid Cudi is launching a rock career - because he no longer feels "passionate" about writing hip-hop songs. The Day 'N Nite hitmaker is turning his attention to rock because he doesn't feel fulfilled writing rap verses. He tells MTV.com, "I'm just over rapping ... that's why you never really hear me on Kanye (West) joints like that."— WENN.COM



Elvis Costello has the workin' man blues. Granted, his paycheque has a few more zeroes than yours and mine. He's more or less his own boss. And at the end of his shift, he goes home to Diana Krall. But that doesn't deter the singer-songwriter from identifying with the common man — or from lambasting Wall Street wolves — on his latest CD National Ransom. The 56-yearold spoke to us from Vancouver where he lives with Krall and their twins. — DARRYL STERDAN. **QMI AGENCY**

QMI What's the message behind *National Ransom?*

Idon't know about you, but I've worked every day of my life since I left school and somebody else profits from it. Obviously, I've made a pretty good living. But I've earned my money. I don't apologize for it. I don't do it at anybody else's expense. And I can't say that's necessarily true of

some of the people that are referred to in *National Ran-*som. But really, it's not me saying anything different than Merle Haggard's *Work-*ing Man Blues. It's the same message, you know: We persevere.

QMI» If I've got my math right, this is your 30th studio album in 34 years. Which begs the question: When are you going to stop loafing around?

Yes, I know! (Laughs) It's a dirty job, but somebody's got to do it.

QMI Many of the new songs are set musically or lyrically in '20s and '30s. What about that era appeals to you?

I just like the little structures you can use. I'm not going to make any claims to it being rigidly authentic. I think you can hear the playfulness with it.

I like the idea that we're not wedded to the notion of rock 'n' roll in leather trousers and teased-up hair. There's other kinds of rock 'n' roll too, you know. I think it's good to remember that

QMI You've remained very prolific at an age where many songwriters lose touch with the muse. What's your secret?

I suppose certain people would give you different views of whether I was connected with it or not, depending on how much they like my last recording - or my last 12 recordings. (Laughs) I love people telling me how great my early records were, when they were mostly roundly ignored. But I never have really done anything out of routine. And I sort of feel like I can do it with much more freedom because I have access to a lot of different music and different techniques.

QMI Are you doing another season of *Spectacle*?

At the moment it's in suspended animation. The most important thing is that having done 20 episodes, I'm happy with what we did. We had a great variety of people. And we came very close to getting a couple of people that would have been fantastic, but just at the last minute something happened. So I'm grateful for the opportunities that gave to me.

UNLIMITED LOCAL CALLING FROM YOUR BlackBerry.



FREE FREE FREE DAYTIME EVENINGS ALL DAY LONG!

Download our Blackberry App

30 DAY RISK FREE TRIAL

www.comwave.net/blackberry



Limited Time Offer

Download our Blackberry App
TRY IT FREE!

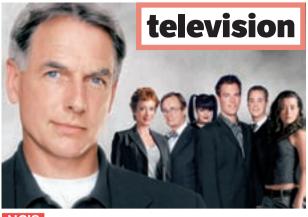


comwave.ca

604-688-4188

Terms and conditions may apply, Please see www.comwave.net/mobile for full details.

24 H > ENTERTAINMEN'



NCIS

8 p.m. on CBS

He may have been joking, but they're not laughing. A marine who was fond of playing pranks is found dead the night before Halloween. As Gibbs (Mark Harmon) and the team investigate, they suppect his murder might have been retaliation for his practical joking. Ziva (Cote de Pablo) attempts to adjust to her new role as a fullfledged NCIS agent in Code of Conduct.

THE BIGGEST LOSER

8 p.m. on CITY

Fall in, you maggots! This new episode takes the contestants to Camp Pendleton to train like U.S. Marines — obstacle courses, rifle exercises, hikes with oversize backpacks and all. While some falter under the pressure, others get into it, with one even shaving his head to look the part.

GLEE

8 p.m. on FOX, GLOBAL

The choir room is vandalized, and Sue (Jane Lynch) reveals that it was the work of rival club Vocal Adrenaline, whom she let into the building. The glee club members vow to get revenge but take things a little too far. Will (Matthew Morrison), however, discovers a way to beat the rival club legitimately: by putting on a performance high on funk — a style VA doesn't do well. Lea Michele and Chris Colfer also star in Funk.



NCIS: LOS ANGELES

9 p.m. on CBS, GLOBAL

The search for a large amount of cash believed to have been stolen by a group called the Jihadist Raiders Front leads the agents to a bank where the money has allegedly been moved ... and a plot to rob that bank. Kensi (Daniela Ruah) is sent into the bank to investigate, and she's caught in the crossfire when the robbery unfolds in the new episode *The Bank Job*.

TV TU	ES	DA	Υ -		MOVIES SP	ORTS NEW	S 1. Shaw Vancou	ver 2. Bell Vancouv	er 3. Shaw Digital	4. Telus Vancouver			,
		2.	3.	4.	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
CANADIAN BRO SUNTV	ADO				Cuarle	The Instiden	Old Christins	Dadan	C.:!! D	Famouria Facto		Informaniale	
	12	213 256		12	6:00 Greek Vancouver	The Insider Corner Gas	Old Christine Access H		Grill Room els - Full Throttle	:06 Forensic Facto		Infomercials Criminal Minds	
CBC		251			Coronation S		Jeopardy!			(N) The Tudors	irymore.	The National	
CHEK	6	255	7	6	CHEK News	Island 30	West Coast	** Rocky IV ('85,	Drama) Dolph Lundgrer			CHEK News	35 Island 30
CITY TV	13	253	6				The Office	(N) The Biggest I		The Whole Truth	lni sa	Parenthood	
CTV GLOBAL	11	250 252	4	11	6:00 CTV News 6:00 News Hour		Big Bang T. ET Canada	Dancing with the	Stars the Result	S Show NCIS: Los Angele	Bleep My	Law & Order: SV Bones	U
KNOW		268		5	Canadian	Ancient Clues	JET Callaua	A History of Scot	tland	:05 Independent L		IDUITES	
JOY10	10	216	215	10	Name Is Earl	Ironside		Poltergeist: The I	Legacy	Apna TV		The Standard	
OMNI BC				8			2 1/2 Men	OMNI News: Mai	ndarin Edition	OMNI News: Pun		Law & Order: Cr	iminal Intent
SRC			\vdash	404			La facture	(N) Providence		(N) Les rescapés		Le téléjournal	
TVA TV5	123	1/15	\vdash	401	Le cercle Hors série:	(N) Caméra ADN: Islande, l'îl	(N) Occupation	(N) Dr House TV5 le journal	os Science ou	(N) La promesse :05 Des camions e	t das hommas	TVA nouvelles Le passager	Chiffres
AMERICAN NET	WOR	KS				ADN. Islande, i ii	с схрюзіче	TV5 IC Journal	33 Science ou	, so Des camions e	t des nomines	Le pussager	Cililii CS
ABC	21	288	21	20	6:00 News	Wheel Fortune			the Stars the Res		Election Night 20		
CBS	15	289	15	19	6:00 News	Election Night 20	010	NCIS		NCIS: Los Angele		Election Night 2	010
NRC	70	28/	16	21	King 5 News How I Met	NBC News 2 1/2 Men	2 1/2 Men	Election Night 20	J10	Election Night 20 Election Night 20		Q13 FOX News (n Ton
PBS	27	291	383	23			Rick Steves	Election Night 20	010	Nova	710	Independent Lei	
CW	14	297	14	26	King/Queens		The Office	(N) One Tree Hill		(N) Life Unexpec	ted	Seinfeld	Seinfeld
NEWS, VIEWS &	CUR	RENT	AFF										
BBCW CTV News	36	510		96	5:00 BBC News Sp 6:00 CTV News	ecial Llovd	CTV News	Lloyd	CTV News	Lloyd	News	Lloyd	News
BNN	58	504	58		6:00 SqueezePlay		Commodities	Market Call Toni			Headline	SqueezePlay	INEWS
CNBC	83	509	143	99	4:00 Your Money, Y	our Vote		IMAIRCE CAIL TOTAL	yııı	Trash Inc.	iricuumic	CNBC's Remingt	on Under Fire
CNN	33	500	33	94	6:00 Larry King	Anderson Coope				Larry King Live		Anderson Coope	er 360
NEWSWORLD	26	502	26	91	6:00 CBC News	The US Mid Term		Internal and	luteu	CBC News: The N	ational	The Fifth Estate	
MOSTLY SPORT		261	118	156	Emmerdale	Phantom at the I	reast	Unscripted	IdeaCity	Feature Film			
GOLF	,	416	144	116	6:00 (N) Big	Haney Project	Hanev Proiect		Inside the	Big Break Domin	ican Republic	Haney Project	Hanev Proiect
OLN	49	411	49	119	Opera. Repo	Ghost Hunters		Monsterquest			Opera. Repo	Ghost Hunters	
SCORE	54	410	114			Gillette Drafted	Season 2	Score Now		Games/Night	Score Now		Score Now
SPEED			22		6:00 Monster 6:00 Hockey (wher	Race in 60	ancourer us Edmontor	Monster Jam	Connected	Monster Jam EPL Review		Race in 60 Sportsnet Conne	octod
TSN	23	400	23	110	5:00 UEFA	Sportscentre	ancouver vs Eumonion	l					ecteu
MOSTLY MOVIE	S												
AMC	53	293	53		5:00 ★★ Top Gun ('8	66, Drama)	*** The Termina	ntor ('84, Science fictio	n) Arnold Schwarzeneg	ger, Linda Hamilton.		★★★ The Silence	
AMC MC1	53	293 308	53		:25 ** Nurse.Fight	36, Drama) t er.Boy ('08, Drama) I	Karen LeBlanc.	★★ The Crazies ("	n) Arnold Schwarzeneg 10, Horror) Timothy Oly	ger, Linda Hamilton. ohant, Radha Mitchell.	han	*** The Silence	Norah's ('08)
AMC MC1 MC2	53 60	308		228	:25 ** Nurse.Fight 5:30 Movie	86, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C	Karen LeBlanc. Comedy) Essence Atkins	★★ The Crazies (*1 5.	n) Arnold Schwarzeneg 10, Horror) Timothy Oly *** Brüno ('09, Co	ger, Linda Hamilton. Dhant, Radha Mitchell. Imedy) Sacha Baron Co		*** The Silence 9:45 *** Nick and ** Knowing ('09,	Norah's ('08) Science fiction)
AMC MC1 MC2 HBOC TCM	53 60 63 46	308 307 292	63	228	25 ★★ Nurse.Fight 5:30 Movie 6:00 Big Love	86, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi	Karen LeBlanc. Comedy) Essence Atkins re	★★ The Crazies ("	n) Arnold Schwarzeneg 10, Horror) Timothy Oly *** Brüno ('09, Co	ger, Linda Hamilton. phant, Radha Mitchell. medy) Sacha Baron Co In Treatment	hen. In Treatment n Out ('88, Drama) Jo	*** The Silence 9:45 *** Nick and ** Knowing ('09, Entourage	Norah's ('08) Science fiction) Hung
AMC MC1 MC2 HBOC TCM MUSIC & POP C	53 60 63 46	308 307 292 RE	63 46	228 243 227	:25 ** Nurse.Fight 5:30 Movie 6:00 Big Love 5:00 Movie	86, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F	Karen LeBlanc. Omedy) Essence Atkin: re latbush ('42, Drama	** The Crazies (*1 s. In Treatment) Lloyd Nolan, Carole La	n) Arnold Schwarzeneg 10, Horror) Timothy Oly *** Brüno ('09, Co In Treatment Indis.	ger, Linda Hamilton. Dhant, Radha Mitchell. Jegy Sacha Baron Co In Treatment 8:45 *** Eight Me	In Treatment n Out ('88, Drama) Jo	*** The Silence 9:45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra	Norah's ('08) Science fiction) Hung thairn.
AMC MC1 MC2 HBOC TCM MUSIC & POP C	53 60 63 46 0111 20	307 292 RE 575	63 46 20	228 243 227 258	25 ** Nurse.Fight 5:30 Movie 6:00 Big Love 5:00 Movie	16, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp.	Karen LeBlanc. comedy) Essence Atkins re latbush ('42, Drama Home Imp.	the Crazies (*1 in Treatment) Lloyd Nolan, Carole La Doc Walker Live	n) Arnold Schwarzeneg 10, Horror) Timothy Oly *** Brüno ('09, Co In Treatment Indis.	ger, Linda Hamilton. ohant, Radha Mitchell. medy) Sacha Baron Co In Treatment 8:45 *** Eight Me Funniest Home V	In Treatment n Out ('88, Drama) Jo ideos	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra	Norah's ('08) Science fiction) Hung thaim. Accord. Jim
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MM	63 46 Ulti 20 24	308 307 292 RE 575 570	63 46 20 24	228 243 227 258 255	25 ** Nurse.Fight 530 Movie 600 Big Love 5:00 Movie Accord. Jim 5:00 We Day	66, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial	Karen LeBlanc. omedy) Essence Atkin: re latbush ('42, Drama' Home Imp. Pants Off	the Crazies (1) In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11	n) Arnold Schwarzeneg 10, Horror) Timothy Olyn *** Brüno ('09, Co In Treatment in Kelowna	ger, Linda Hamilton. shant, Radha Mitchell. medy) Sacha Baron Co In Treatment 8:45 *** Eight Me Funniest Home V New Music Video	In Treatment n Out ('88, Drama) Jo ideos os	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MM MMM	53 60 63 46 0111 20 24 35 120	308 307 292 RE 575 570 571 581	63 46 20 24 35 120	228 243 227 258 255 256	25 ** Nurse.Fight 5:30 Movie 6:00 Big Love 5:00 Movie Accord. Jim 5:00 We Day 6:00 PunchMuch	66, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial	Karen LeBlanc. Comedy) Essence Atkin: re latbush ('42, Drama Home Imp. Pants Off Lyrics!	the Crazies (*1 in Treatment) Lloyd Nolan, Carole La Doc Walker Live	n) Arnold Schwarzeneg 10, Horror) Timothy Olyn *** Brüno ('09, Co In Treatment in Kelowna	ger, Linda Hamilton. shant, Radha Mitchell. medy) Sacha Baron Co In Treatment 8:45 *** Eight Me Funniest Home V New Music Video Buffy the Vampir Impact	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics!
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMMM MTVC STAR	53 60 63 46 0111 20 24 35 120	308 307 292 RE 575 570 571 581	63 46 20 24 35 120	228 243 227 258 255 256	25 ** Nurse.Fight 5:30 Movie 6:00 Big Love 5:00 Movie Accord. Jim 5:00 We Day 6:00 PunchMuch	16, Drama) 16, Drama) 16, Drama) 16, Drama) 17 18 18 19 19 19 19 19 19 19 19 19 19 19 19 19	Karen LeBlanc. Comedy) Essence Atkin: re latbush ('42, Drama Home Imp. Pants Off Lyrics! Inant	** The Crazies (") In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab	n) Arnold Schwarzeneq 10, Horror) Timothy Olyn ** Brüno (*09, Co In Treatment indis. in Kelowna With Dr	ger, Linda Hamilton. shant, Radha Mitchell. medy) Sacha Baron Co In Treatment 8:45 *** Eight Me Funniest Home V New Music Video Buffy the Vampir	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks	*** The Silence 9.45 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics!	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics!
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS	53 60 63 46 7 120 24 35 120 88	308 307 292 RE 575 570 571 581 621	63 46 20 24 35 120 88	243 227 258 255 256 177	25 ★★ Nurse.Fight 530 Movie 600 Big Love 500 Movie Accord. Jim 500 We Day 600 PunchMuch 600 Sixteen 600 Dr. Oz	16, Drama) ter.Boy ('08, Drama) Dance Flick ('09, G Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shou	Karen LeBlanc. Comedy) Essence Atkins re latbush ("42, Drama Home Imp. Pants Off Lyrics! Janat	** The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live ITMZ	n) Arnold Schwarzeneg 10, Horror) Timothy Olyy *** Brüno (109, Cc In Treatment ndis. in Kelowna With Dr 26 Sex, News eTalk	ge, Linda Hamilton. ahant, Radha Mirchell. medy) Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Video Buffy the Vampir Impact The Ellen DeGen	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks eres Show	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prec Dr. Oz	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY	53 60 63 46 UIII 20 24 35 120 88	308 307 292 RE 575 570 571 581 621	63 46 20 24 35 120 88	228 243 227 258 255 256 177	25 ★★ Nurse.Fight 550 Movie 650 Big Love 550 Movie Accord. Jim 550 We Day 650 PunchMuch 650 Sixteen 650 Dr. Oz Wizards	iter.Boy ('08, Drama) Dance Flick ('09, Dance Flick ('09, G Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Preg The Tonight Shou	Karen LeBlanc. Comedy) Essence Atkine re latbush ('42, Drama' Home Imp. Pants Off Lyrics! nant // Montana	** The Crazies ("	n) Arnold Schwarzeneeg 10, Horror) Timothy Olyy **** Brüno ('09, Co In Treatment Indis. In Kelowna With Dr 2s Sex, News eTalk In the Band	ger Linda Hamilton. Johant, Radha Mitchell. John Hamedyl Sacha Baron Col In Treatment 1845 **** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz	*** The Silence 9:45 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prev Dr. Oz Ned's Guide	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON	53 60 63 46 Ulti 20 24 35 120 88 51 50	308 307 292 RE 575 570 571 581 621 556 554	63 46 20 24 35 120 88 51 50	228 243 227 258 255 256 177	25 ★★ Nurse.Fight 530 Movie 600 Big Love 500 Movie Accord. Jim 500 We Day 600 PunchMuch 600 Sixteen 600 Dr. Oz	66, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shov Sonny Chance Jimmy Two	Karen LeBlanc. omedy) Essence Atkim re latbush ('42, brama lHome Imp. Pants Off Llyrics! nant N H. Montana Johnny Test	** The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live ITMZ	n) Arnold Schwarzeneeg 0, Horror) Timothy Olyy 1*** Brüno (109, Co Iln Treatment ndis. in Kelowna With Dr 126 Sex, News 16 Talk Iln the Band Stoked	ger, Linda Hamilton. ohant, Radha Mitchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc, Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks eres Show	*** The Silence *** The Silence *** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV	53 60 63 46 Ultr 20 24 35 120 88 51 50 43	308 307 292 RE 575 570 571 581 621 556 554 553	63 46 20 24 35 120 88 51 50 43	228 243 227 258 255 256 177 76 73	25 ★ Nurse.Fight 550 Movie 650 Big Love 550 Movie Accord. Jim 550 We Day 650 PunchMuch 650 Sixteen 650 Dr. Oz Wizards Spliced!	66, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shov Sonny Chance Jimmy Two	Karen LeBlanc. Comedy) Essence Atkine re latbush ('42, Drama' Home Imp. Pants Off Lyrics! nant // Montana	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live ITMZ Suite Life Drama Island	n) Amold Schwarzeneg 10, Horror) Timothy Olyy 14** Brüno (109, Cc In Treatment Indis. In Kelowna With Dr 125 Sex, News 1eTalk In the Band Stoked Dragon	ger, Linda Hamilton. ohant, Radha Mitchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc, Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama	IIn Treatment n Out ('88, Drama) Jo ideos ss e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan	*** The Silence 9:45 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prev Dr. Oz Ned's Guide	Norah's ('08) Science fiction Hung Hung Accord. Jim Jackass Lyrics! ynant Aaron Stone American Dad
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE	53 60 63 46 Ultr 20 24 35 120 88 51 50 43	308 307 292 RE 575 570 571 581 621 556 554 553	63 46 20 24 35 120 88 51 50 43 25	243 227 258 255 256 177 76 73	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Mey Day 6:00 PunchMuch 6:00 Sixteen 6:00 Dr. Oz Wizards Spliced! Babar IICarly	16, Drama) ter.Boy ('08, Drama	Karen LeBlanc. Omedy) Essence Atkim re latbush ('42, Drama Horne Imp. Pants Off Llyrics! unant N H. Montana Johnny Test Toopy & Binoo	** The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live IUR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris	n) Arnold Schwarzeneg 10, Horror) Timothy Olyy *** Brüno (109, Co In Treatment ndis. in Kelowna With Dr 2e Sex, News e Talk In the Band Stoked Dragon 8 Simple Rules	ger Linda Hamilton. Johant, Radha Mitchell. Jahant, Radha Mitchell. Jahatta Mitchell. Jaha	In Treatment n Out ('88, Drama) Jo ideos ss e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What Like	*** The Silence 9:55 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pred Dr. Oz Ned's Guide American Dad Go Diego Go Madison	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant Aaron Stone American Dad Franklin
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MIM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA	53 60 63 46 011 20 24 35 120 88 51 50 43 25	308 307 292 RE 575 570 571 581 621 556 554 553 551	63 46 20 24 35 120 88 51 50 43 25	243 227 258 255 256 177 76 73 75 202	25 ★ Nurse.Fight 530 Movie 650 Big Love 5500 Movie Accord. Jim 5500 We Day 6500 Punch/Much 6500 Sixteen 6500 Dr. Oz Wizards Spliced! Babar IlCarly 650 Cold Case	66, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shov Sonny Chance Limmy Two Rolie Polie ICarly The Closer	Karen LeBlanc. Omedy) Essence Atkim re latbush ('42, Drama Horne Imp. Pants Off Llyrics! unant N H. Montana Johnny Test Toopy & Binoo	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic	n) Arnold Schwarzeneg 10, Horror) Timothy Olyy *** Brüno (109, Co In Treatment ndis. in Kelowna With Dr 2e Sex, News e Talk In the Band Stoked Dragon 8 Simple Rules	ger, Linda Hamilton. hant, Radha Mitchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy	In Treatment n Out ('88, Drama) Jo ideos ss e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What Like	*** The Silence 345 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prei Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant Aaron Stone American Dad Franklin
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY	53 60 63 46 011 20 24 35 120 88 51 50 43 25	308 307 292 BE 575 570 571 581 621 556 554 553 551	63 46 20 24 35 120 88 51 50 43 25	228 243 227 258 255 256 177 76 73 75 202 200	25 ★ Nurse.Fight 550 Movie 650 Big Love 550 Movie 650 Big Love 550 We Day 650 PunchMuch 650 Sixteen 650 Dr. Oz Wizards Spliced! Babar IlCarly 650 Cold Case 650 Cold Case 650 The Opener	16, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shou Sonny Chance Jimmy Two Rolie Polie IlCarly The Closer River Monsters Chef vs. City	Karen LeBlanc. Comedy) Essence Atkin re latbush ('42, Drama) Home Imp. Pants Off Llyrics! Junant N H. Montana Johnny Test Toopy & Binoo Be Indie	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet	n) Amold Schwarzeneg 10, Horror) Timothy Olyy 1, *** Brüno (109, Cc Iln Treatment Indis. In Kelowna With Dr 126 Sex, News 16 Talk In the Band 15 Stoked 16 Dragon 18 Simple Rules IGhostly	ge, Linda Hamilton. shant, Radha Mitchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What Like Destroyed in Unwrapped	*** The Silence 9.55 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prec Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant Aaron Stone American Dad Franklin Family Biz
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY FOOD HGTV	53 60 63 46 Ultri 20 24 35 120 88 51 50 43 25 42 52 29	308 307 292 575 570 571 581 621 556 554 553 551 550 603 600	63 46 20 24 35 120 88 51 50 43 25 96 42	243 227 258 255 256 177 76 73 75 202 200 143 142	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 PunchMuch 6:00 Sixteen 6:00 Dr. Oz Wizards Spliced! Babar IlCarly 6:00 Cold Case Destroyed in 6:00 The Opener 6:00 Battle on	16, Drama) ter.Boy ('08, Drama) Dance Flick ('09, O Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shov Sonny Chance Jimmy Two Rolie Polie IlCarly The Closer River Monsters Chef vs. City House Hunters	Karen LeBlanc. Comedy) Essence Atkin re latbush ('42, Drama) Home Imp. Pants Off Llyrics! Junant N H. Montana Johnny Test Toopy & Binoo Be Indie	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home	n) Arnold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Co In Treatment ndis. in Kelowna With Dr 2e Sex, News eTalk In the Band Stoked Dragon 8 Simple Rules IGhostly	get Linda Hamilton. Johant, Radha Mitchell. Jedyl Sacha Baron Co In Treatment 1845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck	*** The Silence *** Nowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pred Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant Aaron Stone American Dad Franklin Family Biz
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE VIVA DISCOVERY FOOD HGTV HISTORY	53 60 63 46 Ultri 20 24 35 120 88 51 50 43 25 42 52 29	308 307 292 575 570 571 581 621 556 554 553 551 550 603 600	63 46 20 24 35 120 88 51 50 43 25 96 42	243 227 258 255 256 177 76 73 75 202 200 143 142	25 ★★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Fig Love 5:00 Movie 6:00 PunchMuch 6:00 Sixteen 6:00 Dr. Oz Wizards Spliced! Babar IlCarly 6:00 Cold Case Destroyed in 6:00 The Opener 6:00 Battle on	16, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shou Sonny Chance Jimmy Two Rolie Polie IlCarly The Closer River Monsters Chef vs. City	Karen LeBlanc. Comedy) Essence Atkin re latbush ('42, Drama) Home Imp. Pants Off Llyrics! Junant N H. Montana Johnny Test Toopy & Binoo Be Indie	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live ITMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib	n) Arnold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Co In Treatment ndis. in Kelowna With Dr 2e Sex, News eTalk In the Band Stoked Dragon 8 Simple Rules IGhostly	get Linda Hamilton. Johant, Radha Mitchell. Jedyl Sacha Baron Co In Treatment 1845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck	*** The Silence 9.55 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prec Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant Aaron Stone American Dad Franklin Family Biz
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY FOOD HGTV VARIETY	53 60 63 46 20 24 35 120 88 51 50 43 25 42 29 44	308 307 292 RE 575 570 571 581 621 556 554 553 551 520 603 600 133	63 46 20 24 35 120 88 51 50 43 25 96 42 29	243 227 258 255 256 177 76 73 75 202 200 143 142	25 ★★ Nurse.Fight 550 Movie 650 Big Love 5500 Movie Accord. Jim 550 We Day 6500 PunchMuch 6500 Sixteen 6500 Dr. Oz Wizards Spliced! Babar IlCarly 6500 Cold Case Destroyed in 6500 The Opener 6500 Battle on 6500 Cities of	16, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shov Rolie Polie ICarly The Closer River Monsters Chef vs. City House Hunters Beast Legends	Karen LeBlanc. omedy) Essence Atkim re latbush ('42, Drama lHome Imp. Pants Off ILlyrics! nant N H. Montana Johnny Test Toopy & Binoo Be Indie	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home The Real Gladiat	n) Amold Schwarzeneg 10, Horror) Timothy Olyy 1, *** Brüno (109, Co Ilin Treatment Indis. In Kelowna With Dr 26 Sex, News 1e Talk In the Band 1stoked 1bragon 18 Simple Rules 1Ghostly Idees 1co Id	get Linda Hamilton. hant, Radha Mitchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo Pawn Stars	In Treatment n Out ('88, Drama) Jo ideos Jos e Slayer World of Jenks eres Show Latest Buzz Frutrama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers	Norah's ('08) Science fiction
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE VIVA DISCOVERY FOOD HGTV HISTORY	53 60 63 46 Ultil 20 24 35 120 88 51 50 43 25 52 29 44	308 307 292 RE 575 570 571 581 621 556 554 553 551 520 603 600 133	63 46 20 24 35 120 88 51 50 43 25 96 42 29 44	243 227 258 255 256 177 76 73 75 202 200 143 142 201	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 PunchMuch 6:00 Sixteen 6:00 Dr. Oz Wizards Spliced! Babar IlCarly 6:00 Cold Case Destroyed in 6:00 The Opener 6:00 Battle on 6:00 Cities of Exterminator Rabbit Fall	16, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy (10, Drama) 1cter.B	Karen LeBlanc. Comedy) Essence Atkin re latbush ('42, Drama) Home Imp. Pants Off Llyrics! Junant N H. Montana Johnny Test Toopy & Binoo Be Indie	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live ITMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home The Real Gladiat Parking Wars	n) Arnold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Co In Treatment ndis. in Kelowna With Dr 2e Sex, News eTalk In the Band Stoked Dragon 8 Simple Rules IGhostly	get Linda Hamilton. hant, Radha Mitchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo Pawn Stars	In Treatment n Out ('88, Drama) Jo ideos Jos e Slayer World of Jenks eres Show Latest Buzz Frutrama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers	Norah's ('08) Science fiction) Hung thaim. Accord. Jim Jackass Lyrics! gnant Aaron Stone American Dad Franklin Family Biz
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO	53 60 46 20 24 35 120 88 51 50 43 25 42 29 44 31 117 56	308 307 292 RE 575 570 571 581 621 556 554 553 551 600 133 615 620	63 46 20 24 35 120 88 51 50 43 25 96 42 29 44 216	243 227 258 255 256 177 76 73 75 202 200 143 142 201	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 We Day 6:00 Punch/Much 6:00 Sixteen 6:00 Dr. Oz Wizards Spliced! Babar IlCarly 6:00 Cold Case Destroyed in 6:00 Battle on 6:00 Externinator Rabbit Fall 6:00 Montréal	66, Drama) ter.Boy ('08, Drama	Karen LeBlanc. omedy) Essence Atkin: le thush (42, Drama Home Imp. Pants Off Lyrics! nant M H. Montana Johnny Test Toopy & Binoo Be Indie House H. Int. Parking Wars Fish Out	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home The Real Gladiat Parking Wars The Candy Criminal Minds	n) Arnold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Cc In Treatment ndis. in Kelowna With Dr 22 Sex, News eTalk In the Band Stoked Dragon 8 Simple Rules IGhostly Jes Sex IGhostly Jes Sex IGHOST IGH	ger, Linda Hamilton. Jahant, Radha Mitchell. Jedyl Sacha Baron Co In Irreatment Sats *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Judging Amy Destroyed in Diners Sattle on the Blo Pawn Stars Su Exterminator Caution Law & Order	In Treatment n Out ('88, Drama) Jo ideos ss e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 31 Exterminator Arbor Live	*** The Silence *** The Silence *** Knowing (*09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prev Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers ** Exterminator Without a Trace	Norah's ('08) Science fiction Hung
AMC MC1 MC2 HBOC TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTIN BRAVO COMEDY	53 60 63 46 20 24 35 120 88 51 50 43 25 52 29 44 31 117 56 57	308 307 292 RE 575 570 571 581 621 556 554 553 551 520 603 600 133 615 620 625	63 46 20 24 35 120 88 51 50 43 25 96 42 29 44 216 40 57	243 227 258 255 256 177 76 73 75 202 200 143 142 201	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Big Love 6:00 Big Love 6:00 PanchMuch 6:00 Sixteen 6:00 Dr. Oz Wizards Spliced! Babar IlCarly 6:00 Cold Case Destroyed in 6:00 The Opener 6:00 Battle on 6:00 Citties of Exterminator Rabbit Fall 6:00 Montréal 6:00 For Laughs	16, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy (10, Drama) 1cter.B	Karen LeBlanc. omedy) Essence Atkim re latbush ('42, Drama Horne Imp. Pants Off Llyrics! nant N H. Montana Johnny Test Toopy & Binoo Be Indie Parking Wars Fish Out 22 Minutes	## The Crazies (" In Treatment Llord Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home Parking Wars The Candy Criminal Minds Corner Gas	n) Amold Schwarzeneg 10, Horror) Timothy Olyy 14 ** Brüno (109, Cc Ilin Treatment Indis. 12 Sex, News 12 Sex, News 16 Talk 18 In the Band 19 Stoked 10 Dragon 18 Simple Rules 16 Ghostly 10 Parking Wars 18 Bannock Boys 18 Name Is Earl	ger, Linda Hamilton. Jahant, Radha Mitchell. Jedyl Sacha Baron Co In Irreatment Sats *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Judging Amy Destroyed in Diners Sattle on the Blo Pawn Stars Su Exterminator Caution Law & Order	In Treatment n Out (*88, Drama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai- Lan What I Like Destroyed in Unwrapped ck Pawn Stars 3: Exterminator	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers 9: Exterminator Without a Trace Comedy Inc.	Norah's('08) Science fiction
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA	53 60 63 46 Ultru 20 24 35 120 88 51 50 43 25 29 44 31 117 56 57 65	308 307 292 RE 575 570 571 581 621 556 553 551 520 603 600 133 615 620 625 298	63 46 20 24 35 120 88 51 50 43 25 96 42 29 44 40 57	243 227 258 255 256 177 76 73 75 202 200 143 142 201 155 171 173	25 ★★ Nurse.Fight 550 Movie 650 Big Love 5500 Movie Accord. Jim 550 We Day 6500 PunchMuch 6500 Sixteen 6500 Dr. Oz Wizards Spliced! Babar IlCarly 6500 Cold Case Destroyed in 6500 The Opener 6500 Battle on 6500 Cities of Exterminator Rabbit Fall 6500 Montréal 6500 For Laughs KTLA 5 News	16, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy ('08, Drama) 1cter.Boy (10, Drama) 1cter.B	Karen LeBlanc. Omedy) Essence Atkim re latbush ('42, Drama Horne Imp. Pants Off Llyrics! unant W IH. Montana Johnny Test Toopy & Binoo Be Indie House H. Int. Parking Wars Fish Out 22 Minutes 2 1/2 Men	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home The Real Gladiat Parking Wars The Candy Criminal Minds Corner Gas Election Night 20	n) Amold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Cc In Treatment mdis. in Kelowna With Dr 26 Sex, News eTalk In the Band Stoked Dragon 8 Simple Rules IGhostly le 25 or Parking Wars Bannock Boys IName Is Earl D10	get Linda Hamilton. hant, Radha Mirchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Almy Destroyed in Diners Battle on the Blo Pawn Stars of Exterminator Caution Law & Order The Simpsons	In Treatment n Out ('88, Drama) Jo ideos ss e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 31 Exterminator Arbor Live	*** The Silence 9.55 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord, Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad Go Diego Go Madison Go Diego Go Madison He Opener EM: Home Editic Am. Pickers 9: Exterminator Without a Trace Comedy Inc. KTLA 5 News at	Norah's ('08) Science fiction Hung
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA	53 60 63 46 Ultru 20 24 35 120 88 51 50 43 25 25 42 29 44 44 56 57 65 47	308 307 292 575 570 571 581 621 556 554 553 551 600 133 615 620 622 629 298	63 46 20 24 35 120 88 51 50 43 25 96 42 29 44 40 57	228 243 227 258 255 256 177 76 73 75 202 200 143 142 201 155 171 173	25 ** Nurse.Fight 500 Movie 600 Big Love 500 Movie 600 PunchMuch 600 Sixteen 600 Dr. Oz Wizards Spliced! Babar IlCarly 600 Cold Case Destroyed in 600 The Opener 600 Battle on 600 Cities of Exterminator Rabbit Fall 600 Montréal 600 For Laughs 600 Hor S News 600 L & O: SVU	16, Drama) 1cter.Boy ('08, Drama) 1cter.Boy (10, Drama) 1cter.	Karen LeBlanc. omedy) Essence Atkim: latbush ('42, Drama Horne Imp. Pants Off Lyrics! Inant H. Montana Johnny Test Toopy & Binoo Be Indie House H. Int. Parking Wars Fish Out 22 Minutes 2 1/2 Men Seinfeld	** The Crazies (")	n) Amold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Co In Treatment ndis. in Kelowna With Dr 2:e Sex, News eTalk In the Band Stoked Dragon 8 Simple Rules IGhostly Iele 2:s Or Parking Wars Bannock Boys Name Is Earl 1010 Comedy) John Cleese, F	get Linda Hamilton. hant, Radha Mirichell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videe Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo Pawn Stars on Exterminator Caution Law & Order The Simpsons	In Treatment n Out ('88, Drama) Jo ideos ss e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 31 Exterminator Arbor Live	*** The Silence 935 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prec Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers 101 Exterminator Without a Trace Comedy Inc. KTLA 5 News at ** Rat Race (101,	Norah's ('08) Science fiction Hung
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA PEACHTREE SHOWCASE SLICE	53 60 63 46 20 24 35 120 88 51 50 43 25 42 29 44 31 117 56 57 65 47 39 41	308 307 292 575 570 571 581 621 556 554 553 551 520 603 600 133 615 625 298 294 607 607 607	63 46 20 24 35 120 88 51 50 43 25 96 42 216 40 57 47 39 41	228 243 227 258 255 256 177 76 73 75 202 200 143 142 155 171 173 60 172 141	25 ★ Nurse.Fight 550 Movie 650 Big Love 550 We Day 650 PunchMuch 650 Sixteen 650 Dr. Oz Wizards Spliced! Babar IlCarly 650 Cold Case Destroyed in 650 Battle on 650 Cities of 650 Cold Case Cold Case Destroyed in 650 The Opener 650 Battle on 650 Cities of 650 For Laughs KTLA 5 News 650 L 8 O: SVU 650 Sinet 650 Princess	16, Drama) 1cter.Boy (108, Drama) 1Dance Flick (109, C) 1Dance Jime 1Dance Jime 1Dance Jime 1Dance Jimmy Two 1Dance Jimmy Two 1Carly 1The Closer 1Carly 1The Closer 1Carly 1The Closer 1Carly 1Dance Jimmy Two 1Carly 1Dance Jimmy Two 1Carly 1Dance Jimmy Two 1Da	Karen LeBlanc. omedy) Essence Atkin: lathush ('42, Drama Horne Imp. Pants Off Lyrics! nant W H. Montana Johnny Test Toopy & Binoo Be Indie House H. Int. Parking Wars Fish Out 22 Minutes 22 1/2 Men Seinfeld e Center of the E	## The Crazies (" In Treatment Lloyd Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home The Real Gladiat Parking Wars The Candy Criminal Minds Corner Gas Election Night 20	n) Amold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Co In Treatment ndis. in Kelowna With Dr 2:e Sex, News eTalk In the Band Stoked Dragon 8 Simple Rules IGhostly Iele 2:s Or Parking Wars Bannock Boys Name Is Earl 1010 Comedy) John Cleese, F	get Linda Hamilton. hant, Radha Mirchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Almy Destroyed in Diners Battle on the Blo Pawn Stars of Exterminator Caution Law & Order The Simpsons	In Treatment n Out ('88, brama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 3: Exterminator Arbor Live Big Bang T.	*** The Silence *** The Silence *** Knowing (*09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prey Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opene Editic Am. Pickers ** Exterminator Without a Trace Comedy Inc. KTLA 5 News at ** Rat Race (*01, Burn Notice	Norah's ('08) Science fiction Hung Haron Stone American Dad Franklin Family Biz Ham. Pickers Ham. P
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA PEACHTREE SHOWCASE SLICE SPACE	53 60 63 46 20 24 35 120 88 51 50 42 52 29 44 31 117 56 57 65 47 43 41 45	308 307 292 RE 575 570 551 556 554 553 551 621 620 603 600 133 615 620 625 298 294 617 661 661 662 661 661 661 661 661	63 46 20 24 35 120 88 51 50 43 25 96 42 216 40 57 47 39 41 45	228 243 227 258 255 256 177 76 73 75 202 200 143 142 201 173 60 172 174 174	25 ★ Nurse.Fight 550 Movie 650 Big Love 550 Movie Accord. Jim 550 We Day 650 PunchMuch 650 Sixteen 650 Dr. Oz Wizards Spliced! Babar IlCarly 650 Cold Case Destroyed in 650 The Opener 650 Battle on 650 The Opener 650 Battle on 650 For Laughs KTLA 5 News 650 L & O: SVU 650 Princess 650 Princess 650 Eureka	John Stein S	Karen LeBlanc. Omedy) Essence Atking re latbush ('42, Drama Horne Imp. Pants Off Lltyrics! Inant W H. Montana Johnny Test Toopy & Binoo Be Indie House H. Int. Parking Wars Fish Out 22 Minutes 2 1/2 Men Seinfeld e Center of the E hmaker	## The Crazies (" In Treatment Llord Nolan, Carole La Doc Walker Live UR11@11 Celebrity Rehab MTV Live TMZ Suite Life Drama Island Max & Ruby Hates Chris Psychic Daily Planet Dinner: Impossib Holmes on Home The Real Gladiat Parking Wars The Candy The Candy Late Corner Gas Election Night 2(n) Arnold Schwarzeneg 10, Horror) Timothy Olyy 14 ** Brüno (109, Co Ilin Treatment Indis. In Kelowna With Dr 26 Sex, News 16 Talk In the Band Stoked Dragon 8 Simple Rules 16 Ghostly Ile 18 Sor Parking Wars 18 Bannock Boys IName Is Earl D10 Comedy) John Cleese, Fool	ger, Linda Hamilton. hant, Radha Mirchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videc Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo Pawn Stars 20 Exterminator Caution Law & Order The Simpsons Owan Atkinson. Lost Girl Real Housewives Eureka	In Treatment n Out ('88, brama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 3: Exterminator Arbor Live Big Bang T.	*** The Silence 9.45 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers 9: Exterminator Without a Trace Comedy Inc. KTLA 5 News at ** Rat Race ('01, Burn Notice Project Runway. Space Movie	Norah's ('08) Science fiction
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE YTV INFORMATIVE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA PEACHTREE SHOWCASE SLICE SPACE	53 60 63 46 20 24 35 120 88 51 50 43 25 29 44 31 117 65 7 65 47 39 41 45 32	308 307 292 RE 575 570 551 556 554 553 551 520 600 133 615 620 620 622 298 294 617 601 627 601 628	63 46 20 24 35 120 88 51 50 43 25 96 42 216 40 57 47 39 41 47 32	228 243 227 258 255 256 177 76 73 75 202 200 143 142 201 155 171 173 60 172 141 174 150	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Fig Love 5:00 Movie 6:00 Fig. Open 6:00 Fig. Open 6:00 Fig. Open 6:00 Cold Case Destroyed in 6:00 Cold Case Destroyed in 6:00 Fig. Open 6:00 Battle on 6:00 For Laughs KTLA 5 News 6:00 L8 O: SVU 6:00 Silent 6:00 Fig. Open 6:00 Fig. Open 6:00 Silent 6:00 Fig. Open	John March M	Karen LeBlanc. omedy) Essence Atkim: latbush ('42, Drama latbush (** The Crazies (")	n) Amold Schwarzeneg 10, Horror) Timothy Oly 14 ** Brüno (109, Co In Treatment Indis. In Kelowna With Dr 26 Sex., News 16 Eralk In the Band Stoked Dragon 18 Simple Rules 19 Indis Stoked Bannock Boys In Mame Is Earl 10 O Comedy) John Cleese, Fonl 18 Sontamp 37 Entourage	get Linda Hamilton. hant, Radha Mirichell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videe Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo Pawn Stars on Exterminator Caution Law & Order The Simpsons owan Atkinson. Lost Girl Real Housewives Eureka 112 Entourage	In Treatment n Out ('88, Drama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What Like Destroyed in Unwrapped ck Pawn Stars 31 Exterminator Arbor Live Big Bang T.	*** The Silence 9.55 *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers 101 Exterminator Without a Trace Comedy Inc. KTLA 5 News at ** Rat Race (101, Burn Notice Project Runway Space Movie 9.48 Star Trek: Vo)	Norah's ('08) Science fiction Hung
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA PEACHTREE SHOWCASE SLICE SPACE SPIKE TLC	53 60 63 46 U10 20 24 35 120 88 51 50 43 25 42 29 44 41 117 66 65 47 39 41 45 32 34	308 307 292 292 575 570 571 621 556 556 603 600 133 615 620 625 628 298 298 617 601 627 628 551	63 46 20 24 35 120 88 51 50 43 25 96 42 29 44 40 57 47 39 41 45 32 34	228 243 227 258 255 256 177 76 73 75 202 200 143 142 201 177 171 173 60 172 141 174 150 140	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 PunchMuch 6:00 Sixteen 6:00 Dr. Oz 6:00 Cold Case Destroyed in 6:00 The Opener 6:00 Battle on 6:00 The Opener 6:00 Battle on 6:00 The Special Case 0:00 Battle on 6:00 The Opener 6:00 Battle on 6:00 Battle on 6:00 The Opener 6:00 Battle on	ict. Brama) ter.Boy ('08, Drama) Dance Flick ('09, G Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sixteen and Prec The Tonight Shov Sonny Chance Jimmy Two Rolie Polie Il Carly The Closer River Monsters Chef vs. City House Hunters Beast Legends Parking Wars Cashing In Elvis Costello 22 Minutes 22 Minutes Seinfeld ** Journey to th Millionaire Matc Space Movie 1000 Ways Little Couple	Karen LeBlanc. omedy) Essence Atkim: lathush ('42, Drama Horne Imp. Pants Off Lyrics! nant W H. Montana Johnny Test Toopy & Binoo Be Indie House H. Int. Parking Wars Fish Out 22 Minutes 2 1/2 Men Seinfeld e Center of the E hmaker 1000 Ways Little Couple	## The Crazies (" In Treatment Lloyd Nolan, Carole La Lloyd Noland La L	n) Amold Schwarzeneg 10, Horror) Timothy Oly **** Brüno (109, Co In Treatment Indis. In Kelowna With Dr 12e Sex, News eTalk In the Band Stoked Dragon B Simple Rules IGhostly Ile 12e Sex In the Band In the B	get Linda Hamilton. Jahant, Radha Mitchell. Jahant, Radha Mitchell Jahat, Radha Mit	In Treatment n Out ('88, brama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 3: Exterminator Arbor Live Big Bang T.	*** The Silence *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prey Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers ** Exterminator Without a Trace Comedy Inc. KTLA 5 News at ** Rat Race (101, Burn Notice Project Runway Space Movie Project Runway Space Movie Project Trek: Voy Little Couple	Norah's ('08) Science fiction Hung
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA PEACHTREE SHOWCASE SPICE SPACE SPICE TLC TV TROPOLIS	53 60 63 46 110 20 24 35 120 88 51 50 43 25 29 44 41 117 56 57 65 47 39 41 45 45 48	308 307 292 292 575 570 581 621 556 553 551 520 603 600 133 615 620 625 298 294 601 627 628 629 631 641 641 652 663 663 664 665 665 665 667 668 668 669 669 669 669 669 669	63 46 20 24 35 120 88 51 50 43 25 96 42 216 40 57 47 39 41 45 32 34	228 243 227 258 255 256 177 76 73 75 202 200 143 142 201 171 173 60 172 141 174 150 140 182	25 ★ Nurse.Fight 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 Big Love 5:00 Movie 6:00 PunchMuch 6:00 Sixteen 6:00 Dr. Oz Wizards Spliced! Babar IlCarly 6:00 Cold Case Destroyed in 6:00 The Opener 6:00 Battle on 6:00 Externinator Rabbit Fall 6:00 Montréal 6:00 For Laughs KTLA 5 News 6:00 L & O: SVU. 6:00 Sient 6:00 Princess 6:00 Eureka 1000 Ways 190 Kids 6:00 Restaurant	ie, Drama) ter.Boy ('08, Drama) Dance Flick ('09, C Boardwalk Empi It Happened in F Home Imp. Video on Trial Lyrics! Sonny Chance Jimmy Two Rolie Polie ICarly The Closer River Monsters Chef vs. City House Hunters Beast Legends Parking Wars Cashing In Elvis Costello 22 Minutes 2 1/2 Men Seinfeld *** Journey to th Millionaire Matc Space Movie 1000 Ways Little Couple Buy Me!	Karen LeBlanc. omedy) Essence Atkimer latbush ('42, Drama Home Imp. Pants Off Lyrics! nant W H. Montana Johnny Test Toopy & Binoo Be Indie House H. Int. Parking Wars Fish Out 22 Minutes 2 1/2 Men Seinfeld e Center of the E hmaker 1000 Ways Little Couple Buy Me!	## The Crazies (" In Treatment Lloyd Nolan, Carole La Lloyd Nolan,	n) Amold Schwarzeneg 10, Horror) Timothy Olyy 14 ** Brüno (109, Cc Ilin Treatment Indis. In Kelowna With Dr 26 Sex, News 16 Talk Ilin the Band Stoked Dragon 18 Simple Rules IGhostly Ile 18 Ss 19 Parking Wars Bannock Boys IName Is Earl 10 Comedy) John Cleese, Fool 10 Bootcamp 37 Entourage Cake Boss Drivers	get Linda Hamilton. hant, Radha Mitchell. medyl Sacha Baron Co In Treatment 845 *** Eight Me Funniest Home V New Music Videe Buffy the Vampir Impact The Ellen DeGen Majority Rules Futurama Backyardigans 8 Simple Rules Judging Amy Destroyed in Diners Battle on the Blo Pawn Stars on Exterminator Caution Law & Order The Simpsons Lost Girl Real Housewives Eureka 12 Entourage 19 Kids The Marriage Re	In Treatment n Out ('88, brama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 3: Exterminator Arbor Live Big Bang T.	*** The Silence 3.55 *** Nick and ** Knowing ('09, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Pree Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers 30: Exterminator Without a Trace Comedy Inc. KTLA 5 News at ** Rat Race ('01, Burn Notice Project Runway Space Movie 9-48 Star Trek: Vog Little Couple Family Guy	Norah's ('08) Science fiction
AMC MC1 MC2 HB0C TCM MUSIC & POP C CMT MMM MMM MTVC STAR FOR THE KIDS FAMILY TELETOON TREEHOUSE VIVA DISCOVERY FOOD HGTV HISTORY VARIETY A&E APTN BRAVO COMEDY KTLA PEACHTREE SHOWCASE SPICE SPACE SPICE TLC TV TROPOLIS	53 60 63 46 120 24 35 120 88 51 50 43 25 25 29 44 47 56 57 65 7 65 7 65 7 47 49 41 45 32 48 48 48 48 48 48 48 48 48 48 48 48 48	308 307 292 292 575 570 581 621 556 556 603 600 603 600 615 298 294 617 628 521 6628 6628 6628 6629 66	63 46 20 24 35 120 88 51 50 43 25 96 42 216 40 57 47 39 41 45 32 34	228 243 227 258 255 256 177 76 73 75 202 200 143 142 201 173 60 172 141 174 150 140 140 140 140 140 140 140 14	25 ★ Nurse.Fight 550 Movie 650 Big Love 550 Movie 650 Big Love 550 Movie 650 Big Love 550 We Day 650 PunchMuch 650 Sixteen 650 Dr. Oz 650 PunchMuch 650 Sixteen 650 Dr. Oz 650 Cold Case 650 Estroyed in 650 Cold Case 650 Battle on 650 Cities of 650 For Laughs 650 For Laughs 650 Laughs 650 For Laughs 650 Laughs 650 For	John March M	Karen LeBlanc. Omedy) Essence Atking re latbush ('42, Drama) Horne Imp. Pants Off Llyrics! Inant W H. Montana Johnny Test Toopy & Binoo Be Indie Parking Wars Fish Out 22 Minutes 2 1/2 Men Seinfeld e Center of the Ehmaker handon Ways Little Couple Buy Me! Come Dine	## The Crazies (" In Treatment Lloyd Nolan, Carole La Lloyd Noland La L	n) Amold Schwarzeneg 10, Horror) Timothy Olyy 124 x Brüno (109, Cc 1 In Treatment Indis. In Kelowna With Dr 26 Sex, News 16 Talk In the Band Stoked Dragon 18 Simple Rules 16 Ghostly Ile 18 Simple Rules 19 Or 10 Comedy) John Cleese, Fon) 18 Bootcamp 18 Zentourage 18 Cake Boss 18 Drivers 18 Inside the Box 18 Inside the Box	ger, Linda Hamiliton. Jahant, Radha Mirichell. Jahant, Radha Mirichell. Jahant, Radha Mirichell. Jahant, Radha Mirichell. Jahant Maise Videe	In Treatment n Out ('88, brama) Jo ideos os e Slayer World of Jenks eres Show Latest Buzz Futurama Kai-Lan What I Like Destroyed in Unwrapped ck Pawn Stars 3: Exterminator Arbor Live Big Bang T.	*** The Silence *** Nick and ** Knowing (109, Entourage hn Cusack, David Stra Accord. Jim Video on Trial Lyrics! Sixteen and Prey Dr. Oz Ned's Guide American Dad Go Diego Go Madison Cold Case River Monsters The Opener EM: Home Editic Am. Pickers ** Exterminator Without a Trace Comedy Inc. KTLA 5 News at ** Rat Race (101, Burn Notice Project Runway Space Movie Project Runway Space Movie Project Trek: Voy Little Couple	Norah's ('08) Science fiction



MAKE YOUR BRAND/LEAVE YOUR MARK

NOVEMBER 19 - 20 2010

Four Seasons Hotel Vancouver, 791 West Georgia Street

A two day conference aimed at providing real world skills that are applicable to aspiring young professionals from all walks of life... Featuring:

JANET WOOD (SAP - Business Objects) BOB ELTON (Retired CEO, BC Hydro)
LARA KOZAN (YYoga) MICHELLE RUPP(Lighthouse Leadership)
KEN SIM(Nurse Next Door) JILL WALKER (HR Professional) AND MORE!



YWiB is grateful to the support of HRMA

REGISTER TODAY! YWiB.ca/BeyondPink2010





Teeth-cleaning pen is no write-off

Too many morning espressos? You can give your teeth a guick touch-up with the new On-the-go Teeth Cleaning Pen (\$19.99), part of the Love That White Smile line. It fits in your purse, the pen is designed to remove stains. Available at Rexall and London Drugs stores across Canada. — QMI AGENCY



Putting the clocks back bad for us: Scientists

Putting the clocks back in winter is bad for health, wastes energy and increases pollution, scientists say, and putting an end to the practice in northern areas could bring major health and environmental benefits. British and Russian politicians are being asked to consider parliamentary bills to leave clocks alone, allowing an extra hour of daylight in the afternoon to boost levels of vitamin D and encourage people to exercise. — REUTERS

MAKING ENDS MEET

Become the CFO of 'You Co.' yoyomama

TANYA ENBERG 24 hours

Christina Quinn runs her household much like a CEO operates an independent business. Quinn's business-style approach to earning and living inspired her to write Wake Up or Die Poor, a user-friendly guide that helps turn so-called disposable income into money-

making revenue. "Every business in the country considers their revenue valuable," explains Quinn. "Companies have a chief financial officer; they track their revenue; they categorize it into

Four tips to save cash

- Don't be afraid of using reward credit cards if you can pay the balance in full each month.
- Want to invest? Open up a new savings account? Do your research first and compare banks.
- If you carry debt, negotiate with your creditors for lower interest rates.
- If you want to buy a house or pay off a loan, learn to do your own basic calculations and use the bank to help make the best decision for your own life business. - TANYA ENBERG, 24 **HOURS**

cost centres and make purchasing and financing decisions based on simple calculations made with real data, Our salary is just as valuable. We have fixed expenses — mortgage, transport, toiletries - and variable - groceries, entertainment, miscellaneous - just like Google, Microsoft or Joe's Convenience."

Quinn says like any smartly run business, having a solid action plan is a must. "We need to plan for expansion, getting married, having babies, and we need to manage change, home and car purchases, job losses, career moves," she explains.

"We work so hard for our money, why should it be labelled disposable? So that's what the Quinn-Co. method is - becoming the CFO of Your Co. and making decisions about your hard-earned revenue with real data."

One major hurdle is learning to discuss money, she says.

"As Canadians, we will absolutely never discuss how much money we earn or what kind of debt load we carry," she says. "We'll listen to a detailed depiction of a girlfriend's 24-hour labour and delivery, or little Johnny's learning disability, but debt and salaries are off the table.

"Just like discussing a great recipe or a technique to help a child learn, the only way to achieve our financial goals is to get real, and to get real numbers out into the open."

Stamping out frivolous spending and prioritizing is key but so is abolishing the urge to try and "keep up with the Jone-

"The CFO of Google doesn't let his mom influence his financial decisions. Once you become aware of what you truly want for your self and your family ... it's freedom, really."



Green sheen is hip

Nail polish is another personal care product that's full of not so great things like toluene, dibutyl phthalate, formaldehyde, acetone and heavy metals. But not Hopscotch Kids Water Colors Safe Nail Polish, which was developed by Ginny Cardenas, a mother of four, who wanted a healthier alternative for painting her tots' fingers and toes. It's also non-toxic, hypoallergenic, eco-friendly and 100% biodegradable and super fun, coming in a range of colours from Red Rover (top right) to Three Sailors Went to Sea, Sea, Sea (below, right). And Hopscotch stands up to the kid test. It goes on smoothly, dries fast and wears well. In fact, you may end up using it on your toes





VANCOUVER FASHION WEEK

SPRING /SUMIM ER 2011 COLLE CTION

NOVEMBER 2ND-7TH, 2010

www.vanfashionweek.com



Ultimatums seldom have cred



Empty threats come in all shapes and sizes. Some are explosive, alcohol-fuelled spectacles. I mean, who hasn't witnessed a drunk crazy girlfriend make a scene at the bar by yelling at her indifferent boyfriend, "I'm leaving with or without you" before storming off only to reappear a few minutes later for another one-sided showdown.

No matter how many times, you see it, it's always a cringeworthy experience to watch. But you know what they say: It's not a party 'til some poor misguided hoochie finds out the hard way where she stands with her man.

And some empty threats can be serious ultimatums made in the sober light of day. While the wording may vary, the root of the message usually doesn't: "Either make me a priority, or I'm outie ... for good." The person doing the threatening might really mean it at the time, but they're not immune to caving. No one is. And unfortunately, after several empty threats in a row, eventually the person doing the threatening loses all cred. In other words, their bluff is called. That's why empty threats have been the downfall of many a frustrated lover. So before you give the ole "my way or the highway" final offer,

there are some questions you might want to ask yourself:

Are you prepared to follow through?

You might feel rock solid in your decision for the first day or two. But how will you feel a few days later, after about spending several cold and lonely nights in bed by yourself? If your partner phones you up (with no intention of addressing your concerns), and just wants to come over for a cozy night of videos, will you still be so hell-bent on holding out for your list of demands?

Is this a battle worthy of a breakup?

Have you really hit a wall on this particular point of contention, and, furthermore is it really a deal-breaker? Or are you just

enticing an unnecessary power struggle over something that really doesn't matter in the big scheme of things?

Are you seeing red?

Try not to lay down the law in the heat of an argument. Chances are you're just

operating in fight or flight mode. Plus, when you're yelling idle threats at someone, the person on the receiving end is most likely too busy planing their escape route to actually listen to your words. So it's always best to step back and really think about whether or not you're making a decision you can and will stand behind for the long run.

Sarah Rowland writes about love and relationships every Tuesday in 24 hours. E-mail her at sarah.rowland @24hrs.ca.

Waging war on warts might require a close scrape



Dr. Sue Hubbard Special to QMI Agen

Warts are caused by viruses and can be a real nuisance, because they are contagious and may be acquired without a person even knowing where they contracted the virus. I typically see warts from age three to adulthood.

The most common areas to see warts on children are on the fingers and hands, arms, knees and feet. Because they could bleed when traumatized, and may spread on the body — and be contagious — it's important to not pick at a wart or try to remove them with scissors or nail clippers. Avoid friction and rubbing, even with lotions or while shaving, as this may spread the warts.

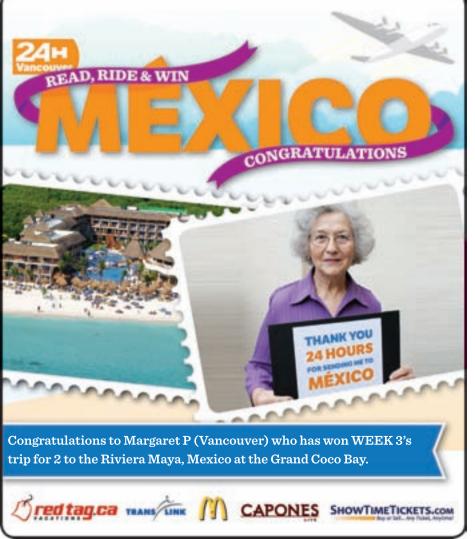
For many children, the best treatment is none at all, as the

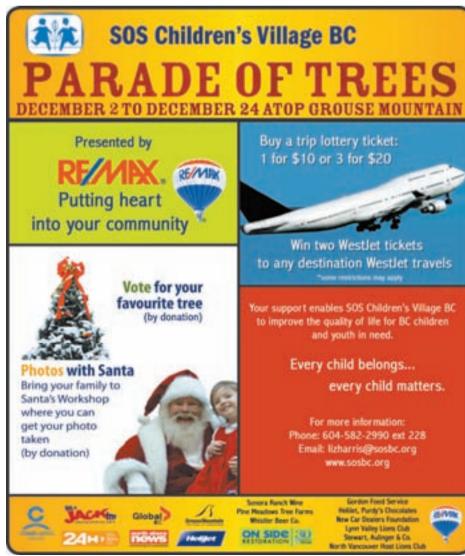
wart may go away by itself, though it can take months or years for that to happen.

In some cases, if a wart is becoming bigger or spreading, you may use an over-thecounter (OTC) wart treatment that contains salicylic acid. Dr. Margaret Lemak, a dermatologist in Houston, Tex., says it's important to be consistent when using these preparations. For warts on the bottom of the feet (plantar warts), you canuse a stronger salicylic acid (40% plasters). It may take several weeks to months for the wart to go away.

If unsuccessful, it's probably time to take your child to a dermatologist to freeze and scrape the wart, or prescribe a cream that can be used at home.

Dr. Sue Hubbard is a pediatrician and co-host of *The Kid's Doctor* radio show. Submit questions at kidsdr.com.





Pearson Canada's worst airport: Poll

Flightnetwork.com polled nearly 800 Canadian about their least-favourite airports. Toronto topped them all followed by Montreal and Winnipeg. Halifax, Vancouver and Victoria are the "least-hated" airports in Canada. Service, slow security checks, food availability and comfort of lounge seats influenced voters. - OMI AGENCY



Flving direct with WestJet

WestJet Vacations has announced new direct-flight destinations for winter 2010-2011. The airline will now fly direct to Santa Clara, Cuba and Grand Cayman Island from Toronto, direct from Vancouver, Calgary, Edmonton, Winnipeg, Saskatoon, Regina and Montreal to Montego Bay, Jamaica, and direct from Montreal and Calgary to Varadero, Cuba. Fares start at \$219, while seven day vacation packages start at \$819. Visit WestJetVacations.com. - QMI AGENCY

STAY AT GIANNI VERSACE'S PLACE

Feel like a star in South Beach Miami

MARK DANIELL QMI Agency

Cruising South Beach, you have your choice when it comes to selecting a place to

You can opt for a quieter beach sojourn at the Hilton-Bentley, the sophisticated Delano, the partiers' Catalina Beach Club, the 1930s retro Winter Haven, or scratch those, and go rogue for a stav off the beach at the breathtaking Mondrian

But if you want an upscale stay that's more old-world European than madcap take on *Alice in Wonderland* — and money is no object - why not stay at Gianni's place.

As in Gianni Versace. The Italian fashion icon put SoBe on the map when he bought Casa Casuarina in the 1990s and turned it into his own private oasis by the sea.

Built in 1930, the modern adaptation of Christopher Columbus' family home in Santo Domingo was given splashes of Versace's flamboy-



The pool partly tiled in 24-karat gold, sports a floor mosaic that depicts Versace's iconic Medusa head design.

gold-tiled mosaic pool, statues to reflect all the world's religions, ornately designed fountains and 10 exquisitely designed suites that housed some

ant design when he added a of the designer's famous friends (both Madonna and Elton John had rooms just for them when they visited) and siblings.

If you were an up-and- front gate. For many years

comer during the mid-'90s, 1116 Ocean Dr. was the place to see and be seen. The party came to an end in 1997 after Versace was murdered at his

after, the mansion was closed, becoming a spot where the morbidly curious would gather every day to snap pho-

After its brief usage as a spe-

cial events venue, the Versace Mansion has been reconceived as a boutique hotel right in the heart of South Beach.

Launched by restaurateur. Barton G. Weiss, it is now known as the Villa by Barton G. and offers five-star luxury a stone's throw from the Atlantic. Smack dab in the middle of Miami's heady party scene, hotel guests never have to leave the Mediterraneanstyle oasis, where suites start at \$2,500 per night.

Personally assigned butlers wait on guests 24/7 arranging for everything from a Kindle loaded with e-books, to serving lunch and laying out pyjamas. And if you want to do the beach thing, your very own Mr. Belvedere will hop across Ocean Drive and set you up with a lounge chair and umbrella.

- For Villa by Barton G info, contact 305-576-8003 or thevillabybartong.com. For Miami travel info, visit the Greater Miami and Beaches CVB, miamiandbeaches.com.



7 DAY CARIBBEAN FR. \$349 USD 13 DAY PANAMA FR. \$599 USD 7 DAY MEDITERRANEAN FR. \$499 USD *Based on Double Occupancy *Taxes & Air Extra





travelgear

Soak up the good life while keeping your dry-good gadgets dry during your next splash-happy trip to the beach with these smart, protective finds.— TANYA ENBERG, 24 HOURS





GET THE GEAR

- 1 Soak up life's biggest adventures without getting your gear wet. The Kodak Playsport Video Camera allows underwater adventurers the chance to dip down 10 ft. and capture the views. Suggested price, about \$160.
- 2 Swim, surf or just splash around with the Canon Power-Shot D10 12.1 MP Waterproof Digital Camera with 3x Optical Image from Canon. Price unavailable.
- 3 Seal up your valuables with these protective storage bags from Loksak. These durable baggies keep your dry goods (think books, toiletries, Passport and electronics) free of water, sand and dust. Suggested price, about \$10 for a four-bag set.
- 4 Can't afford a snazzy underwater camera? The Aquapac Compact Camera Case (about \$35) is a great money-saving alternative that allows you to still get those watery action shots. Slip in your camera and get snapping!

Avoiding bedbugs in your travels

NICOLE FEENSTRA QMI Agency

These blood-sucking insects travel quickly and are quite content setting up a home in your bed, couch or clothing. The frequency with which people visit hotels, fly or cruise has played a large part in the spread of bedbugs, allowing these creatures to reach near epidemic proportions this year.

Nicole Hockin of Hotels.com and author of the Travel Smart blog (travelsmartblog.com) has several tips to help travellers identify any bedbugs in their rooms, as well as hints that will keep them from hitching a ride back home.

- Keep your luggage off the floor. Place it on a desk or luggage rack under light instead." Bedbugs don't like the light so they hide in dark areas," Hockin says.
- Examine your hotel room's sheets and mattresses for evidence of these pests when you arrive. Look for blood spots, white eggs and the bugs alive or dead.
- \bullet Check up on the hotel before you book! Websites like TripAdvisor.com and Hotels.com offer guest reviews.
- Wash all clothing brought on your trip in hot water and dry on maximum heat as soon as you get home. This will "kill any unwanted hitchhikers," says Hockin.

For more on how bedbug infestations occur and how you can survive one, visit the Travel Smart blog.



Find today's LUCKY LICENSE PLATE for your chance to win daily prizes!

Locate the LUCKY LICENSE PLATE printed daily from October 25 until November 5. Email us at van24wing sunmedia.ca with the license number, the date you found it and the page number it was on, by noon the following day. Three qualified winners will be selected per day for the duration of the campaign.













* For your chance to WIN a trip to Mexico, pick up your daily copy of 24 Hours Vancouver newspaper October 4 to November 5. Locate the READ, RIDE & WIN YOUR WAY TO MEXICO ad with an image of a boarding pass. Out it out and save it. There will be a new boarding pass printed daily. At the end of each week, you must mail or drop off your collected boarding passes, along with your corract information to qualify for that week's vacation to Mexico. Entries can be mailed or dropped off to 24 Hours Vancouver office, which is located at 554 East 15th Avenue, Vancouver BC, ATTENTION: Promotions-Read, Ride, WIN. We are open thought in the given until Thursday of the following week, by 4:00pm (PST) to submit your entry. Each week's boarding passes may not include items from different weeks, as it must be within the same week.

10 things to do on second trip to NYC

NATALIE TAYLOR TripAtlas

The first landing into New York City presents a dizzying array of activities that tends to produce self-inflicted to-do lists: Statue of Liberty. Broadway, Empire State Building, Rockefeller Center, the Chrysler Building, Museum Mile, Central Park, Wall Street, and of course shopping and dining at a multitude of stores and restaurants. Will you be able to do everything? See everything? Is it ever enough?

Here are a few suggestions of things to see and do on subsequent trips back to the city that never sleeps:

Visit a lesser-known museum The Met, Guggenheim and MOMA are cultural icons, but smaller museums give insight into other subcultures or less-known aspects of the art world.

Bridge the gap The Manhattan Bridge, ugly stepsister to the Brooklyn Bridge's Cinderella, doesn't ignite much discussion, as noted by Robert Reid, Lonely Planet author and host of The 76-Second Travel Show. who decided to give the bridge some fanfare by celebrating its 100th anniversary last year.

Find a Mission On my last trip to New

cornucopia of Indian restaurants and shops.

Ninja restaurant in Tribeca, its not everyday that your waiter performs magic tricks table-side dressed in a ninja outfit.

Hang out in a hotel Manhattan boasts close to 426 hotels alone. The Ace Hotel's lobby is a work of art and its bar, the Breslin, is where trendsetters congregate.

Attend an event During Fashion Week, maybe you can peep on Kelly Cutrone cackling profanities at her minions; or admire swing dancers jumping, jiving and wailing at A Midsummer Night's Swing at Lincoln Centre.

Go to another borough. Everyone thinks Manhattan is the cat's meow, but its the boroughs that purr with a cornucopia of activity. Brooklyn has trendy restaurants. Prospect Park is an ideal place to picnic. The Queens Museum of Art features the Panorama, a replica of every single building (895,000) built prior to 1992.

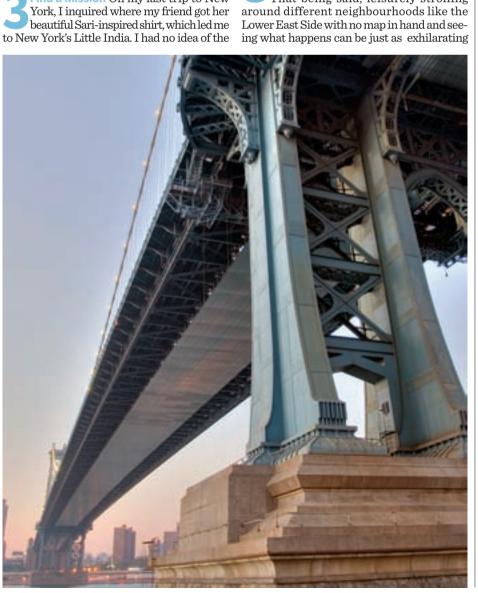
Do Nothing Do nothing In the city that never sleeps, it can be hard to turn off. That being said, leisurely strolling as the Amazing Race-like whirlwind adventure you planned six months in advance.

Underground culture New York is the easiest place to find counter culture. One way to find it is to listen to a poetry slam.

Eat out of a food truck Street food has expanded beyond the typical shoddy hot dog and bagel carts to ethnic fare from tacos, dumplings and schnitzel. These cheap delights have become so popular, the awards ceremony "The Vendy Awards" has been dedicated to them.

Natalie Taylor is a freelance writer and regular contributor to TripAtlas.com who writes about travel, fashion, design. art, food and architecture. Be inspired by more of her stories at natalietavlor.ca.

Book your vacation package





Visit or contact a branch near you.

MSellOff vacations.com

West Vancouver: 604-926-1861 • 1861 Marine Dr. Vancouver: 604-708-5028 • 2368 Cambie St.

Victoria: 205-474-1010 • #125 - 2401A Millstream Rd.

Surrey: 778-593-0462 • Unit 130 - 12101-72 Ave. Abbotsford: 604-864-6449 • Unit 104 - 2070 Sumas Way

*New bookings only. Offer is only valid on Signature Vacations and Sunwing Vacations packages. All above prices are one week per person, based on double occupancy and apply to the lowest room category unless otherwise stated. Rates were available at time of ad creation. Gift Vouchers are redeemable on Signature and Sunwing vacation packages booked through SellOffVacations.com by September 30, 2011 for departures up until April 30, 2012. Gift Vouchers are non-refundable and have no cash value. Maximum 1 gift youchers redeemed per booking. Gift Vouchers value is \$200 based on a minimum spend of \$4,000 excluding taxes, or \$100 based on a minimum spend of \$2,000, excluding taxes. Offer cannot be combined with any other discount, voucher or coupons and can be withdrawn at any time without notice. Prices are subject to availability at time of booking and can be changed at any time without notice. While all reasonable efforts are taken to ensure the accuracy of the information in the ad, SellOffVacations.com accepts no responsibility for actions, errors and omissions arising from the reader's use of this information er caused. SellOffVacations.com, a division of Sunwing Travel Group, 27 Fasken Drive, Toronto, Ontario Canada M9W 1K6

GILLY hotspot

A slow week for the Canucks with only two games in seven days. Hard to raise reception level based on practices. Blame the schedule makers.

O CONNECTED

Two solid performances by Luongo improves Canucks win streak to three.

O DISCONNE

Dan Hamhuis' foot injury isn't going away despite it being a deep bruise rather than a fracture. The defenceman will not travel with the team this week.

O VOICEMAIL

"I'm sick of going around Keith in practice, not really making me a better player anymore. I know he has some concussion problems but walking around him at ease is getting old." - joked Kevin Bieksa, who happened to be within whispering distance of injured stallmate Keith Ballard.

O TWEETS OF THE WEEK



the NW Division.. BELOW Minnesota, people.

@edlau: What...? The #Canucks are playing tonight? Are ya sure? I thought Bettman scheduled us 3 months off then 73 consecutive to end the year

@passittobulis: Now Parent has a groin strain? Archie Andrews' car is in better shape than the #Canucks defense corps.

Luongo stonewalls Devils

HOSEA CHEUNG QMI Agency

Chalk another one up for Roberto Luongo.

After outplaying fellow Canadian Martin Brodeur for the No.1 goaltending job during the Winter Olympics in February, the Canucks netminder came out on top vet again, this time in a 3-0 win over the New Jersey Devils Monday at Rogers Arena.

Luongo's 30-save shutout effort - the 52nd of his career gives Vancouver their fifth straight win at home, improving to 5-0-1.

His counterpart Brodeur, who finished with 20 saves, was hardly to blame on either of the three goals against.

The first saw defenceman Matt Taormina slip behind the Devils' net, resulting in a turnover which led to Raffi Torres' third of season. The Devils rookie was victimized again on Vancouver's second goal when he failed to contain



CANUCKS VS DEVILS New Jersey Devils goalie Martin Brodeur (L) knocks the puck away from Vancouver Canucks Henrik Sedin during the first period of their NHL hockey game at Rogers Arena. PHOTO REUTERS

Rvan Kesler in front of the net, allowing the Canucks centre to finish his own rebound.

Henrik Sedin capped off the scoring with his first of the season on a penalty shot in the third after being tripped on a breakaway by Colin White.

Daniel Sedin failed to record a point Monday, ending his **O BOXSCORE**

1st Period 13:19 Van - Torres (3) (Malhotra)

2nd Period 1:09 Van - Kesler (4) (Raymond, Samuelsson)

3rd Period 13:47 Van - H. Sedin (1)

streak.

The Canucks bring their league-worst road record into Edmonton Tuesday against the Oilers. Alex Burrows is expected to get his first start of the season following an offseason shoulder surgery.

nine-game consecutive point

UP NEXT

Moose dropping

QMI AGENCY – It was a scary end to the weekend for the Manitoba Moose.

The Lake Erie Monsters blanked the Moose 2-0 on Halloween afternoon in Cleveland, getting revenge for a 6-3 loss on Friday night.

Manitoba, which was playing its third game in three days, has lost two swered goals in the final 10 straight, fell to 5-4 and now occupy the second-last spot in the

The Moose continue their seven-game road trip on Tuesday night in Hamilton against the Bulldogs.

It was the second straight game that the Moose blew an opportunity to win in the third period. On Saturday they allowed three unan-

minutes of a 4-2 loss to Grand Rapids.

ABBY SPLITS PAIR AGAINST ADMIRALS



O AHL The Abbotsford Heat (6-5-1) held on to fifth in the Western Conference after splitting weekend matchups against Milwaukee. The Admirals took the first game Friday 3-2 before the Heat responded with a 4-2 win Saturday at

home. Winger Carter Bancks, who had a goal in the victory, leads the Heat in scoring with nine points. — QMI AGENCY

GMEN RETURN HOME AFTER 2-1 TRIP



WHL The Vancouver Giants (10-6-1-1) closed out their three-game road trip with a 4-2 win Saturday over the Edmonton Oil Kings. The victory came after a 5-2 loss in Red Deer Friday and a 5-2 win in Lethbridge Wednesday.

The Giants, who sit second in the West, return home Friday to host the Kelowna Rockets. — QMI AGENCY

Guts **McTavish**

Sports columnist

Canucks forecast

Alex Burrows arrival back into the line up tonight will finally give us the opportunity to witness the top 9 vision Canucks GM Mike Gillis had in mind heading into the new campaign.

If ever there was a line that Burrows could ease back into form on. it's the Sedins line. The Burrows vacancy has been filled by a revolving door of Canucks wingers keeping the spot warm for the eventual return of the incumbent triplet.

Ballard returned last night and looked solid as ever. Hamhuis is verv close to being back and with the turning of the he calendar Roberto Luongo posted a shutout.

So all is sunny in Canuckville right?

Mikael Samuelsson getting 13:20 of ice time from his coach last night tells me no.

So lets go with a new Canuckville forecast of partly cloudy with chance of Sammy breaking out of his funk over the next few games.

Follow the kilt: @gutsmctavish24



BC DRIVING LAWYERS

Experienced successful lawyers for British Columbia drivers.

- TRAFFIC TICKETS
- DRIVING PROHIBITIONS
- DRINKING AND DRIVING

Contact: 604.608.1200

www.bcdrivinglawyers.com



Game 5 of Major League Baseball's World Series

in Arlington, Texas. With a 3-1 win, the Giants

clinched the series four games to one.

Grey Cup will cost you

Raising the Roof is the slogan for the 99th Grey Cup in 2011 at B.C. Place Stadium. Raising the Rates ought to be

the slogan for the ticket sales campaign, which began Monday. It'll cost B.C. Lions' season ticket subscribers between \$100 and \$295 plus service charges and HST per ticket to the Nov. 27, 2011 game. When public sales start in June, top price is \$375 in level two club seating between the goal lines.

B.C. Place has hosted seven Grey Cups. The highest-price to see the Edmonton Eskimos beat the Montreal Alouettes in 2005's overtime thriller was \$225. Tickets were \$35 when the Toronto Argonauts edged B.C. in 1983 to win the first indoor Grev Cup.



B.C. taxpavers paid the CFL \$1.88 million for 2011 hosting rights to showcase B.C. Place. which is undergoing a \$563 million renovation. The new retractable roof will be fully functional in time for the Grey Cup.

Taxpayer-owned B.C. Lottery Corporation was announced as

the newest Grev Cup 2011 sponsor Monday. Organizing committee GM Scott Ackles said the Nov. 24-27. 2011 festival will take place in the Vancouver Convention Centre and $outdoors\, on\, the\, foot\, of\, Robson$ Street at Terry Fox Plaza outside B.C. Place.

Owner Braley stands by coach Buono

BOB MACKIN

Wally or won't he?

B.C. Lions' owner David Braley says it's up to head coach and general manager Wally Buono to decide his 2011 job description.

"Wally will be with this team next year, period, full stop," Braley said Monday. "It's his decision whether he coaches or wants to be general manager only."

The 7-10 Lions remain in the hunt for a playoff spot. They need to beat the Hamilton Tiger-Cats on Saturday and hope for an Edmonton Eskimos' loss to avoid missing the playoffs for the first time since

4H > CLASSIFIED EXTRA

Career Training

20 Pharmacy Tech Trainees Needed!

Retail Pharmacies & Hospitals need trained Techs & Assistants

No Experience? Need Training?

Local Training & Job Placement is also available.

1-888-778-0462

BOOKKEEPING & COMPUTERIZED **ACCOUNTING**

GUARANTEED EMPLOYMENT

SIMPLY ACCOUNTING **QUICKBOOKS** FT/PT (40 Hrs)

ONLY \$249 604-630-7469

Healthcare

MEDICAL TRAINEES NEEDED NOW!

Drs. & Hospitals are seeking Certified Medical Office Assistants, Practical Nurses & Health Care Assistants

No Experience? Need Training?

Local Career Training & Job Placement

1-888-512-7114

Opportunities

www.certitude4u.co

Be your own boss! Have a computer/phone?

Make a difference in the lives of others Special Education Assistant If you believe you'd find it personally

PHOTO REUTERS

satisfying to help special needs children and adolescents in a school or social service agency, look into pursuing a career as a Special Education Assistant. As a Special Education Assistant you'll assist elementary and secondary school teachers as they work with students requiring special needs instruction. The starting wage for Special Education Assistants is \$18 - \$24 / hour.



STENBERG COLLEGE

604-580-2772 · www.stenbergcollege.com Over 94% of our grads are employed in their field of study within 6 months of graduation.

Make a difference in the lives of others

Community Support 8 Outreach Worker

Community Support and Outreach Workers assist individuals with a developmental disability and/or mental health issues. encouraging and supporting them in their daily lives. They model, teach and support all functions of home life, daily living activities, leisure and recreation for improved quality of life for their clients. Starting entry wages range from \$18.03 to \$19.72 per hour.



STENBERG COLLEGE

604-580-2772 · www.stenbergcollege.com Over 94% of our grads are employed in their field of study within 6 months of graduation.



- Space is limited Call Now: 604-983-2664
- HILLTOP ACADEMY 604-930-8377

FITNESS LEADERSHIP **DIPLOMA PROGRAM**

Become a BCRPA **Registered Personal Trainer**

- Earn up to \$60/hr.
- **Government Financial** Aid may be available.

Join our 3-month **Bank Teller Program**

Classes Start Every Week

Student Loans Available. ROYAL CANADIAN INSTITUTE OF TECHNOLOGY 508 Kingsway, Vancouver Tel: 604-879-5676 Web: rcit.edu

GET RESULTS!

Reach over 530,000 weekly readers. Call 604-322-2368 to advertise with us!

General Help

DOWNTOWN CALL CENTRE

NEEDS FUNDRAISERS NO EXPERIENCE NEEDED PAID WEEKLY FUN FRIENDLY ENVIRONMENT

CALL KIM AT 604-630-5008

Skip Tracers required

(locating debtors in the USA).

Must be good on the telephone & internet friendly. Our tracers earn \$ 13.70/hr to start + bonus + benefits Up to 35-50K per annum. No exp. necessary. Send resume and cover letter to: kiptrace.com or call 604-484-6900 Detailed Job info at www.skiptrace.com

Accounting & **Pavroll Trainees** Needed now!

Large & Small firms seeking certified A&P Staff now

No Experience? **Need Training?**

Career Training & Job Placement available. 1-888-778-0463

Sales Help &

EXPERIENCED \$12 per hr ad salesperson for legal and medical directories call Heidi 604-482-3100

SOCA & SALSA DANCE PARTY

SAT. NOV. 6TH SULLIVAN HALL DOORS: 9PM RSVP:604-209-5081

Coming Events

Sychic

MR. LAMIN

Renowned African ledium & Clairvoyan Love specialist, Resolves all problems: Business success, release from spell, court case, exams, protection, family problems, bad luck, Impotency.... Reunite lovers forever even vrs. exp. Ouick results. By appointment only. English & French speaking. Call 604-564-6404 2 min, walk from Metrotown station





27

30 51

 $2^{\frac{1}{2}}$

58

641

67

70

33

54

35

15

18

21

26

ąц

24

37

42

×

R

60

69

Horoscope

November 2, 2010

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Today's birthday: Widen your perspective now to focus on the long term. This could involve long distance travel or planning for ten years into the future.

ARIES March 21 to April 19

If you plan a trip, allow for adjustments in the itinerary. Something lucky happens along the way.
Rating: ••••

TAURUS April 20 to May 20

Seemingly minor changes transform your personal work as if by magic. Rating: •••••

GEMINI May 21 to June 20

A close associate points out the need for intense focus. Now sort out the salient facts and create

your action plan. Rating: •••••

CANCER June 21 to July 22

Apply mental effort to your work. Others are creative, but you need to keep your eye on theoretical parameters. Rating: •••••

LEO

July 23 to August 22

Harness your enthusiasm and apply it to a creative task. This makes the work go quickly and easily.

Rating: •••••

VIRGO

August 23 to September 22 Apply physical energy to household activities.

Your mind's going three directions at once but keep yourself busy organizina. Rating: •••••

LIBRA September 23 to October 22

Communicate with neighbours, friends and distant relatives. There is power in building goals.

SCORPIO October 23 to November 21 Plan for more folks around the dinner table than usual. It's better to have leftovers than fall short.

Rating: ••••

SAGITTARIUS November 22 to December 21

Paying attention to the task at hand may be difficult now. For best results,

keep yourself in the mo-Rating: •••••

CAPRICORN December 22 to January 19

Stick to basics as you discuss important issues in private. Group members are ready for a change. Effective direction is necessary. Rating: •••••

AQUARIUS January 20 to February 18

Pay close attention to another team member's enthusiastic presentation. You find practical information that affects your side of the equation. Rating: •••••

PISCES February 19 to March 20 You're more ready than you thought to take on personal transformation. Try something new. Rating: ••••

crossword

- 1 Shade tree
- 4 Reach across
- 8 Mistrust
- 13 market: swap meet
- 14 Like take-out orders
- 15 Proprietor
- 16 Othello villain
- 17 Butter substitute 18 Thickheaded
- 19 III-fated; jinxed
- 22 Gobbled up
- 23 Goodyear blimp contents
- 24 Put forth, as effort
- 26 Harp of old 29 Theatre cast
- 32 Goody
- 36 News, for short
- 38 Opera solo 39 Engrossed
- **40** Sum
- 41 Quayle and Rather
- 42 Part of the eve
- 43 Article
- 44 Tiny bit of land
- 45 Spain's dollar before the
- 47 Tall grass stem
- 49 Egypt's capital
- 51 Ozzie or Willie
- 56 Expression of mock sur-
- 58 Public official's wrongdoing
- **61** India's currency
- 63 Dull
- 64 Flying mammals 65 Proceed very slowly
- 66 British peer
- **67** __ out a living; gets by
- 68 Narrow street
- 69 Trick
- 70 Allow

DOWN

- 1 Gladden
- 2 Permissible
- 3 Native New Zealander

116

14

22

316

42

65

65

Œ

4

1

9

8

5

2

3

23

57

- 4 Tumultuous
- 5 Explorer Marco
- 6 Matures 7 Lariat's end
- 8 Walk unsteadily
- 9 Have debts 10 Artificial
- 11 Finest
- 12 Palm or pine
- 13 Trout or turbot
- 20 Small group of believers
- 21 Praise highly 25 Highways
- 27 Uprising
- 28 Go in
- 30 for; miss greatly 31 Vane direction
- 32 Journey
- 33 Unusual
- 34 Anglican, in the United States
- 35 On the waves
- 37 Renown
- 40 Jewelled coronet
- 44 "Beware the __ of March"
- 46 Occurring at just the right moment
- 48 Provide the means for
- 50 More ancient
- 52 Can wrapper
- 53 Asp or anaconda
- 54 Group of eight
- 55 Loch monster 56 Killer whale
- 57 Throw
- 59 German woman's title
- 60 Corncobs 62 Female sheep

Yesterday's answers



sudoku

9

7

5

62

20

δij

4.)

34

Under 10 Minutes 10-15 15-20 21-25 Over 25

1

6

4

5

9

2

4

7

1

4

7

3

8

Are You Kidding Me? **Tell Your Friends** Leaderboard is in Sight Making Progress Practice Makes Perfect

OBJECT OF SUDOKU

No math or calculating is required to play Using the digits 1 through 9 fill every space on the board with the missing numbers. Every row, column, and 3x3 box must contain all of the digits 1 through 9. There is only one correct solution for each puzzle so every space has only one correct answe

Playat Joe's

WWW.PLAYATJOES.COM

CCFC& Vou

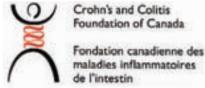
Living Well with Inflammatory Bowel Disease

6

Saturday, November 6, 2010 Plaza 500 Hotel, 500 12th Avenue West Vancouver, BC

To register or for more information: Shona Brown (604) 794-7656, I-800-513-8202 or sbrown@ccfc.ca

The Crohn's and Colitis Foundation of Canada Presents:



Connect with others living with inflammatory bowel disease (IBD), and learn about the latest news on IBD research, tips on managing diet and exercise, information on how to access complementary medicine, and personal testimonials from people living well with IBD.





Register for your sneak peak SHIFTYOURLIFE.CA



Make the next step you take in a life a really smart one. Shift is a beautifully designed, 4 storey boutique collection of 36 spacious 1 and 2 bedroom homes filled to the brim With chic urban style. Located near the New Westminster/ Burnaby border, fabulous amenities are just a hop, skip and a jump away. Smartly designed floor plans with quality craftsmanship throughout ensure you're making a solid choice for your next home or investment. Register today and take the first step to experiencing the highly anticipated release of these spectacular homes!



Going the right Way

Get your career moving at Douglas.

Bachelor's degrees, career programs, university transfer and continuing education – your success starts here.

Visit douglascollege.ca/info

for a complete schedule of info sessions.



November Info Sessions:

Aboriginal Child and Youth Care

Accounting

Animal Health Technology

Behavioural Interventionist

Bachelor of Business Administration

Business Management

Career Development Practitioner

Child and Youth Care Counsellor

Classroom and Community Support

Community Rehabilitation

Community Social Service Worker

Computing Science and Information Systems

Co-occurring Disorders

Criminology

Dental Assisting

Disability and Applied Behaviour Analysis

Dispensing Optician

Early Childhood Education

Economics (Associate of Arts Degree)

Financial Services Management

Forensics (Associate of Arts Degree)

Health Care Support Worker

Home Inspection Certification Program

Hotel and Restaurant Management

Legal Studies

Marketing Management

Music

Nursing

Office Administration

Print Futures: Professional Writing

Physical Education and Coaching

Physical Education Instruction

Psychiatric Nursing

Sport Science

Therapeutic Recreation

University Transfer (Arts, Business, Science)

Veterinary Office Animal Care Certificate

Youth Justice

