

Skirt INSA

Photo Tutorial

These instructions are written with the beginner in mind. More advanced seamstresses may of course use their own techniques.



Photo Illustration



Directions

Cut the pattern pieces according to the piece list, adding a seam allowance.

The skirt is cut long. If you prefer a shorter skirt, you might want to use a smaller size or shorten the fitted waist panel as needed.



Transfer the markings for the gathering on the wrong side of the overskirt. To do so, transfer markings on the top and bottom edge of the skirt and connect both with a straight line of tailor's chalk.



Stitch the elastic band to the skirt with a three-step zig zag stitch, easing the elastic as you go.

The more you stretch the elastic, the more volume the finished skirt will have. For this skirt, I only want a slight amount of elastic gathering. The skirt can, of course, be sewn with no gathering, as well.



Stitch the skirt parts of the overskirt right sides together. Then stitch the skirt parts of the underskirt right sides together.



Add a ruffle to the overskirt or hem with bias tape. For the ruffle, cut two strips of fabric. Join the strips at the narrow ends (right sides together) to make one continuous strip. Hem the strip. Run two rows of gathering stitches along the raw edge and pin the strip evenly to the skirt (right sides together). Gather the strip to the needed length and stitch. Press the seam allowance up toward the skirt and topstitch.

Hem the underskirt.



Stitch both skirts together at the upper seam allowance.

Stitch the side seams of the fitted yoke panels.



Stitch the skirt and fitted yoke right sides together. Press the seam allowance towards the yoke and topstitch.

Fold approx. 4 cm (1 3/4 in.) of the upper edge of the fitted yoke inside and pin the folded seam allowance. Gently try the skirt on and shorten the yoke if desired.



Topstitch the upper edge and sew two casings approx. 1 cm (5/8 in.) apart, leaving openings for inserting the elastic.



Insert the elastic into the casings, cinch to the desired fit and secure the ends of the elastic with bar tacks. Close the casing openings with straight stitch.

This skirt has been decorated with an additional ruffle on the underskirt.

Your INSA skirt is complete!